



**BADMINTON**scotland

# Badminton Basics Coaching Modules

The following modules are geared towards those with little or no badminton experience, are two hours in duration, and will be delivered by qualified *BADMINTON*scotland tutors.

## **Top Sport Badminton Course**

This module offers an introduction to the use of Top Sport Badminton Cards. On completing this course you will be ready to lead young beginners through a series of fun badminton sessions.

## **Active Badminton Course 1**

This module covers the basic skills and techniques of badminton and how to deliver this safely to large numbers of pupils in a one court hall setting. Course complimented by an excellent resource book.

## **Active Badminton Course 2**

This module expands on ABC 1 by introducing simple footwork and movement patterns. By the end of this module you will be able to set up simple practices with movement to large numbers of players in a one court hall setting. Resource Material for ABC1 and ABC2 are available for purchase £10 per pack.

## **Fun Games for Beginners Module**

This new module offers a wonderful collection of fun games to provide you with a bank of ideas to keep your players motivated and enjoying badminton. By the end of this module you will be able to set up a wide range of simple, fun games to run safely and efficiently with large numbers of players in limited space.

## **Feeding Techniques for Badminton Module**

This new module covers basic feeding techniques that are used to develop players. On completing this module you will be able to demonstrate safe and effective feeding techniques.



If you wish more information on these or any other badminton initiatives then please contact:

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