



# ***The Tall Ships' Races 2008***

*Guidance Notes for potential sail trainees from Shetland*

## **Purpose & overview**

These notes are intended to give guidance for anyone completing the application form to apply for one of the four places for 'sail trainees' to take part in The Tall Ships' Races 2008. These places are being jointly funded by Lerwick Port Authority and Shetland Islands Council, with the support of The Swan Trust.

The application process will result in four young adults between the ages of 18-25 taking part in the first leg of the Tall Ships' Races 2008, sailing from Liverpool to Måløy in a race lasting approximately 12 days.

## **General information on Sail Training International**

The following information is extracted from the website of Sail Training International – [www.sailtraininginternational.org](http://www.sailtraininginternational.org)

“Sail training requires participants to confront many demanding challenges, both physical and emotional. It is an activity that inspires self-confidence and the acceptance of personal responsibility, promotes an acceptance of others whatever their social or cultural backgrounds, and develops a willingness to take controlled risks. For most who undertake sail training on Tall Ships it is a positive life-changing experience.

Sail training is an adventure activity for people of all ages and abilities. It includes instruction in all aspects of sailing but its purpose goes far, far beyond this. Sail training uses the experience of being at sea principally as a means to help people learn about themselves, discover hidden strengths and talents and understand the value of working as a team. In some programmes today it forms the setting for much wider aspects of education at sea. “

## **2008 Tall Ships' Races Timetable**

Depart from Shetland on Wednesday 16th July 2008

Race One – Liverpool to Måløy

In port: Friday 18th – Monday 21st July

Vessels depart Liverpool – Monday 21st July

Vessels arrive Måløy – Friday 1st August

Vessels in port in Måløy: Friday 1st – Monday 4th August

Return to Shetland around Tuesday 5th August.

Full details on the 2008 Race Schedule and further information is available from a link on [www.sailtraininginternational.org](http://www.sailtraininginternational.org) - just click on “Tall Ships' Races 2008.”

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## Age limits

Trainees from Shetland applying to take part in this opportunity must be aged between 18 and 25 years of age on Wednesday 16th July 2008, the proposed date of departure from Shetland.

## Selection process

Interested applicants should complete and return their written application form by **12 noon on Friday 16th May 2008**. A selection panel will meet thereafter to decide on a shortlist of potential 'sail trainees' who will be invited to attend a short interview. A second selection event aboard the local sail training vessel, *The Swan*, may also take place.

## Trainees with additional support needs

Applications from anyone who meets the age criteria will be welcomed. Applicants will be asked for details of any additional support needs that they may have and this will not prejudice the consideration of applications. All reasonable support will be given to assist trainees with additional support needs to take part.

It should be borne in mind however, that the nature of participation in the Tall Ships' Races is likely to be physically and emotionally demanding. Berths for sail trainees from Shetland are available aboard the Norwegian vessel, *Christian Radich*, which has no adapted accommodation suitable for individuals with a physical disability.

Applicants who may have difficulty with reading and writing are welcome to have their application scribed and submitted by another person on their behalf.

## Funding

Shetland Islands Council and Lerwick Port Authority will meet the reasonable costs of air, sea and overland travel from Shetland to the Race start in Liverpool and return from Måløy. These will be arranged in advance wherever possible. The costs of necessary overnight accommodation, for example to make travel connections en route, and travel insurance, will also be met.

The costs of the Race Entry Fees will be met through funding from Shetland Island Council and Lerwick Port Authority. Selected trainees will be required to make a personal contribution of £275.00, to be paid by Friday 20 June 2008.

Any additional expenses other than those set out above will be the responsibility of the successful trainees.

## Travel

Trainees will be required to travel independently, negotiating travel centres, such as major airports and railway terminals. Although it is likely they will be travelling as a group of four, they will nonetheless require a degree of self-reliance to follow the arranged travel plans and overcome any unforeseen eventualities.

## Further information

*For more details or specific queries, please contact:*

Bob Kerr  
Sports Development Officer  
Shetland Islands Council  
(01595) 744006

Victor Sandison  
Deputy Chief Executive  
Lerwick Port Authority  
(01595) 692991