



TOP Play training

in Gulberwick Hall

Sunday 11th Nov 2007

2.00pm - 4.30pm

TOP Play is a national initiative co-ordinated by **sportscotland** and the **Youth Sport Trust**, to help primary-aged children to develop core physical activity skills, such as running, jumping, throwing and kicking.



TOP Play equipment bags include resource cards and a selection of basic play equipment. Training is also provided to any adults who would like to lead TOP Play games and activities for children.

This short training session outlines the background to the TOP programmes and demonstrates how the equipment bags and resource cards can be used. It is a practical course and participants should expect to be involved in games, physical activity and to have fun!



This training is free of charge and is open to any interested adults in the Gulberwick area who would like to be involved with children's activities in the future.

Please just come along and join in. If you have any queries or would like more information, please contact either:

*June Porter – 01595 743880
Community Learning & Development Officer,
Lerwick, Bressay & Gulberwick*

*Bob Kerr – 01595 744045
Sports Development Officer*



Shetland
Islands Council