

## Other Centre uses:

- Speech and Language Therapy Clinics
- Blue Badge Assessment Clinics
- NHS Grampian Wheelchair Clinics
- RNIB Low Vision Service
- Telecare equipment display
- NHS and SIC training facilities



**This leaflet is available in alternative formats including braille, audio and an electronic format.**

## Where is the Independent Living Centre?



To find us:

- Turn into the Gremista Road
- Take 4<sup>th</sup> junction on the right
- Take 1<sup>st</sup> junction on the right

### Opening times:

9.30am -1pm and 2-4pm  
Monday to Friday

### How to contact us:

Occupational Therapy  
Independent Living Centre  
Gremista

Lerwick

Shetland, ZE1 0XY

Tel: 01595 744 319

E-mail: [dutyot@shetland.gov.uk](mailto:dutyot@shetland.gov.uk)



## Your Community Equipment Loan



Helping you with everyday tasks

## What is the Independent Living Centre?

The Centre is a purpose built facility that provides a unique showroom environment for members of the public to view and try a wide range of disability products. It also houses the Community Equipment Store and offices for health and care staff.



## What services are based at the Independent Living Centre?

- Community Occupational Therapy (OT)
- Speech and Language Therapy
- Support@Home Central Area

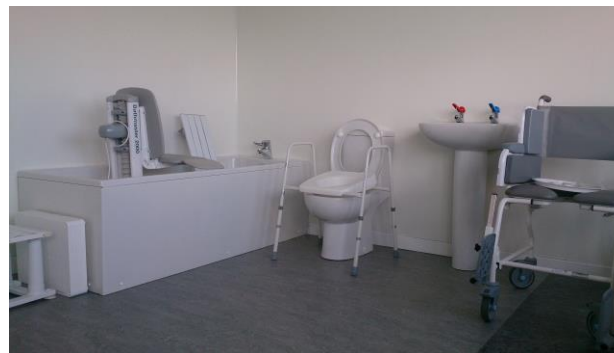
## How can the Independent Living Centre help me?

A visit could provide you with:

- An opportunity to view and try a wide range of equipment
- Information on the range of assistive products available
- A discussion of your needs and a request for a full OT assessment

## How do I access the Centre?

The best way to visit the Centre is to arrange an appointment. This will allow us to tailor the visit to your needs. Details of how to do this are on the back of the leaflet.



## What services will I receive?

Depending on your level of need we may be able to help you by:

- Giving Advice
- Signposting to equipment suppliers
- Providing equipment
- Further assessment



## What happens if I need further assessment?

With your consent your case will be prioritised and placed on the waiting list for OT assessment at home. A member of staff will contact you to arrange an appointment that is suitable for you.