Shetland South Local Service Delivery Group

Note of the Meeting
Held on 7th September 2010 in Sandwick School

Present: Pat Christie, Jonathan Emptage, Elaine Thomson, Rick Nickerson, Donald Robertson, Hazel Bairnson, Elizabeth Robinson and Wendy Lowe

Jonathan Emptage chaired first half of Meeting:

1. Apologies

Jim Budge, Pete Ellis, Karen Ellis, Wendy Hand, Nancy Heubeck, Allison Duncan, Shirley Jones, Amanda Page and Ian Brown

Note: Jane Husbands, Cunningsburgh School and Rosemary Blain, Social Work have both stood down from the committee. Both will notify the replacements to their posts of the meetings. We thank them both for their time on the Shetland South LSDG

2. Previous Note of 18 May 2010

The minutes were accepted by Donald Robertson and seconded by Wendy Lowe

3. New Clinical Strategy for Shetland

Ian Kinniburgh, NHS Shetland Chairman; Simon Bokor-Ingram, Director of Clinical Services and David Wagstaff, Project Manager attended. Note: A copy of the presentation was handed out to accompany the minute.

With the current world economic situation and pressures on services NHS Shetland are consulting with individuals and community organisations to better inform the new strategy. They are trying to achieve safe, effective, person centred and sustainable services.

In Phase One of the consultation three questions are being posed (responses from the floor are in blue):

I. What are the things you would never want to see changed?

- Keep the high standards of service here in the south
- Maintain and improve transport links to the surgery
- That the surgery always remain at Levenwick and that the Levenwick be seen as the ‘hub’ for health care in Shetland South
- High level of Prevention work e.g. smoking cessation
- High uptake in ASSIST training
- Collaborative work with schools and youth clubs in Health Education
- Sexual Health Clinic to remain open

II. What could be changed – and how would you see things being done differently?

- Surgery hours could be more flexible to suit folk who work in Lerwick
- Reduction in the number of visits to the GP – research on reasons for going to doctor needs to be done
- Travel difficulties for Fair Isle residents needs to be addressed in order that patients can better access services
- Outer Isles:
  - Increased use of IT e.g. video link
  - Multi-skilled staff – more than one role
  - Multi-skilled patients – Training in IT
- High suicide rates in Shetland South need to be reduced – more focussed research needed with the families of victims
- Look at how we can keep people who suffer from mental health issues in Shetland – better for them and their families
- Second ambulance – keep up the publicity in order to recruit more retained technician volunteers

III. What aren’t we doing that we should be?

- Third Dental Unit in the South Mainland – the centralisation of services does not always mean reduced costs
- Consistency in care cuts down waste and increases efficiency e.g. consistently seeing the same doctor means that there is less chance of the wrong level of medication being dispensed ensuring lower costs to the NHS
- More information to be provided on services that are available
- Encouraging more GP’s as doctors are specialising earlier making recruitment to posts in Shetland more difficult

Note: Further comments can be emailed to: shet-hb.ShetlandClinicalStrategy@nhs.net

It was noted that questionnaires could be made available at local surgeries and from carers and nurse in order to get feedback from those who have difficulty attending public meetings. It was also noted that information could be placed in the Shetland South, Fair Isle and Skerries Newsletter and through Kathy Feeney’s column in the Shetland Times.

Phase 2: themes will arise and these will be consulted on from November.
**Action:** Pat to collate the broad range of Vision comments to the email address above. This will include comments on transport; Emergency Services as well as Health & Care. These will be sent as an attachment to a letter from Jonathan.

4. **Matters Arising**

   - **MIR. Report:** Feedback from this will be given to attendees at a presentation on Thursday 9th September in Lerwick

5. **Update on Shetland South Vision**

   - **LSDG paper to PiLSG August 2010:** It was noted that LSDG’s in other areas were at different stages with varied structures to suit the areas they were in. Jonathan acknowledged the importance of the comment under *Next Steps/Actions* for the *Shetland South LSDG* that we make sure that the four sub-groups deliver. He also agreed with the statement for the *North Mainland LSDG* under the same heading that tighter budgets may help stimulate further debate and support for LSDGs in the future

**Rick Nickerson** chaired second half of Meeting

- **Sub-groups:**

  1. **Shetland South Learning Partnership** – Pat informed those present that the group was working well. The ‘Help Yourself to Health’ Course had not had big uptake but that other ways of advertising or targeting may help. Other issues were coming forward including the need to get the ‘Drop In’ sessions up and running again at the Sandwick School and the need to look at how we work together to attract more volunteers to keep our local community assets going

  2. **Environment, Tourism, Heritage, Culture and Arts** – Rick informed everyone that the group had now met and that 4 main themes had come out of the Vision data so far that the group felt they might tackle 1) Crafts (an identified gap in provision) 2) A WW2 trail 3) Shetland South to become a Plastic Free Zone in the future 4) Pick up points in Shetland South for coloured bags to put used plastic bottles and newspapers in e.g. at local shops; and more drop off points for depositing these in Lerwick e.g. at the supermarkets

  3. The other two groups will have met by the end of the year

It was noted that all groups were in the embryonic stages and that membership and structure still had to be finalised. **Action:** Feedback on progress in the form of a brief written note would be useful from the Chairs of these groups prior to the full LSDG meetings in future

6. **Have Your Say on Your Ferry Service!**

   The Scottish government is undertaking a review of ferry service provision in Scotland and the Northern Isles (Orkney & Shetland). In addition there are also 8
options for short term savings on the Northlink service. To put your views forward please follow these links:

- Scottish Ferry Review: [http://tinyurl.com/294mw5w](http://tinyurl.com/294mw5w)
- North Isles Ferry Review: [http://tinyurl.com/24cp6af](http://tinyurl.com/24cp6af)
- Options for Short Term Savings: [http://tinyurl.com/26edy6w](http://tinyurl.com/26edy6w)

All feedback by 30th September

**Action:** Pat to collate data from the Vision on transport issues and submit copying

Ken Duerden, Transport Development Manager at ZetTrans

7. **Public Partnership Forum (PPF) Feedback**

Pat had attended the recent PPF meeting and workshops. This has taken over from NHS 100 as the way that the Community Health Partnership consults and informs the general public about service planning and delivery. The new chair is Carol Johnson from Yell. 6 main issues arose from the workshops including:

1. Access to services for the Outer Isles
2. A Place of Safety in Shetland for those in mental health crisis
3. Hospice provision
4. Access to transport and costs for visiting your local surgery
5. Dementia assessments
6. Carers – recruiting informal caring families

Pat will continue to attend on behalf of the *Shetland South LSDG*

8. **Community Planning Partnership (CPP) Summit and Youth Voice Conference 2010 Feedback**

Held at *Islesburgh Community Centre* the theme of the CPP Summit this year was ‘What would make Shetland a place where Young People can thrive?’ Wendy reported that it had gone well and that there was a good turnout of people. It had focussed on ways young people could be proactive and help themselves. A big theme to arise from the breakout groups was the need for young people to feel they are being included and listened to.

9. **Services Update**

**Youth Services:** Wendy reported that the Foam Party in July had been a huge success. The weather had been favourable for the event, and it had been an excellent way to break down perceived barriers e.g. the notion that you need alcohol to enjoy yourself. The Youth Clubs are also involved in *Intergenerational Learning* projects e.g. encouraging young people to learn from folk who are involved in the *Community Allotment Scheme* in Sandwick

**Ness Learning Centre:** Hazel said that from next week they would be running *Family Learning* at the Sandwick School. 6 folk had signed up for the classes.

**Social Care:** Elaine reported that the *Day Care* project is coming to an end. It is hoped that the service which runs 5 days per week will continue as it has meant a
more reactive approach to emergency situations. Sadly the WRVS Social Club in Levenwick has stopped but folk from the South are attending the Luncheon Clubs in Cunningsburgh and Sandwick. Elaine is also working on introducing an Intergenerational Project through Dunrossness School where older folk can teach children who want to participate how to knit

**Dunrossness Community Council:** Donald had nothing to report

**Councillors:**

Rick:

- *Highlands and Islands Airport Limited* is to seek the views of the public on car park charges at Sumburgh Airport. This will impact on services as well as the general public

**Community Work:** Pat handed out copies of the recent Community Newsletter. She also reported that work on Sandsayre Pier had started and that the Sandwick Community Allotments had gained their Planning Permission allowing them to get started with the project

**Health Improvement:** Elizabeth reported that the joint work carried out by SIC Social Work and the Bruce Family Centre on early intervention strategy would soon be out to consultation. She also noted that Smoking rates are down in Shetland by 14% as opposed to 24% in Scotland. Some young people are still taking up smoking therefore this area needs to be targeted. Elizabeth also said that the Counterweight programme had been a great success and that a follow on weight management programme for families has been designed. It will work with 20 families and volunteers are already coming forward.

10. **AOCB**

Pat drew attention to the information leaflet on Scottish Water provision of water and waste services

11. **Date of Next Meeting**

Provisionally booked: Tuesday 23rd November, at 6.15 in Sandwick School Staff Room. **Note:** This may change due to In-service Training