## Shetland's Old Norse Personal Names

**Pronunciation:** 

å = sounds like the 'a' in 'call'.
ø = sounds like the 'eu' in the French word 'deux'.
j = sounds like the 'y' in 'you'.
ó = sounds like the 'o' in 'long'.
ei = sounds like the name 'Einstein'.

Some male names:

Bjørn - means 'bear'.

Håkon - means 'man of gentle or noble birth'.

Ivar - means 'one armed with a bow'.

Sigurd - 'sig' means 'victory' and 'urd' means 'warden'.

Olaf - means 'forefather or descendant'.

Thorvald - 'thor' is the mythological god and 'vald' means 'controlling/one who decides'.

## Some female names:

Astrid - 'as' means 'god' and 'rid' means 'beautiful'.

Eldrid - 'eld' means 'fire' and 'rid' means 'beautiful'.

Ingrid - 'Ing' is a mythological god, and 'rid' means 'beautiful'.

Gudrun - 'gud' means 'god' and 'run' means 'secret'.

Bjarnhild - 'bjarn' means 'bear' and 'hild' means 'battle'.

Sunniva - means 'sun and gift'.

From Paul Moar's *Shetland's Old Norse Personal Names*, 2010 (Shetland Times Ltd.)