

Transport

For children and young people who require transport to access the Friday afternoon activities, public bus services provide a convenient option. Half fares apply to those aged 5-15 years and pupils aged 16-18 years are eligible for a 1/3 off the full fare on presentation of their Young Scot card on board the bus. It is not possible for children and young people to use their school bus pass on a service bus, which runs at a different time from their normal bus to and from school.



SIC Children's Services, and not schools, are responsible for organising the activities programme. If any parents or carers have questions, please contact the school's head teacher in the first instance, who will seek information from the relevant organiser(s).



Children's Services
Shetland Islands Council
Hayfield House
Hayfield Lane
Lerwick
Shetland
ZE1 0QD

Tel: 01595 744000



Shetland Schools Friday
Afternoon Activities
Programme

South Mainland

This programme is subject to change during the school session

August 2018

Friday Afternoon Activities

From the 29th May 2018, all of Shetland's secondary schools and primary departments of Baltasound Junior High School, Brae High School and Mid Yell Junior High School have been operating on a new common timetable structure. This incorporates a slightly longer school day from Monday to Thursday and a shorter school day on a Friday on an asymmetric, 33 x 50 minute period school week. Aith Junior High School and Whalsay School already operate this timetable model.

While the length of time spent in school has not changed, this early finish on Fridays provides young people with additional time for activities and achievement. This programme has been developed by Shetland Islands Council along with organisations throughout Shetland. The programme outlines activities and achievement opportunities taking place on Friday afternoons.



Shetland Arts

Starting in September our Teenage Flicks cinema screenings are specially chosen for the young adult audience, check out our Friday afternoon and weekend screenings for the latest in young adult cinema. Don't forget your Young Scot card for I.D. and offers – get the screening for only £5, plus a packet of popcorn and drink for only £3 with your Young Scot card!

Want to take your interest in music and film further? Use your Friday afternoon to speak to us about our education courses! Check them out online at www.shetlandarts.org/education and email admin@shetlandarts.org to arrange a meeting with one of our tutors.



Volunteering

Some pupils may wish to develop their skills and help others through volunteering. There is a vast range of volunteering opportunities available all over Shetland and the staff at Voluntary Action Shetland are more than willing to meet with any pupil who has a desire to get involved in volunteering to discuss these opportunities or help them to develop new or one off volunteering opportunities in their local communities. Anyone aged between 12 and 25 who is participating in volunteering might also wish to sign up for Saltire Awards. Young people gain nationally recognised certificates, signed by Scottish Government Ministers, for the different amounts of volunteering they do. Please contact Neil Pearson on 01595 743911 or email Neil.Pearson@shetland.org or <http://www.va-shetland.org.uk/volunteering>



Shetland Carers Project

A Friday Group meets at Mareel every fortnight in term time, from 2.30pm-4pm. This group is aimed at young people who find it difficult to meet and communicate with others. It is an informal group where there are different activities available e.g. board games etc. Young people who wish to attend must be able to travel to/from this group independently. This group is run by staff from Voluntary Action Shetland and Shetland Islands Council. If you would like to attend, please contact Laura on carers@shetland.org or 01595 743946 who will check that you meet our criteria. Please see www.shetlandcarers.org for upcoming dates.

Drama and Music

For pupils interested in drama there is a variety of workshops available on Friday afternoons between 2.30 – 4.30 . Workshops will focus on creating characters, telling stories and developing scenarios, while working with different stimulus, script, score, images and sense memories. Workshops can lead to a performance if desired or stand alone. The workshops are subject to group numbers and experience is not necessary. If you are interested in taking part or for more information, please contact Izzy Swanson on Tel: .01595 74 4017 or by email izzy.swanson@shetland.gov.uk.

Musical opportunities are available at various times in some areas depending on level of interest and availability of providers. Please contact the school in the first instance for more details.

Shetland Recreational Trust

South Mainland Leisure Centre:

- Public swimming and the steam room

Contact the local leisure centre for more information:
Tel: (01595) 807719

Clickimin Leisure Complex:

- **14:15 – 13:00:** Diving Boards £2.90
- **14:15 – 16:00:** Health Suit (Must be aged 14) £5.30
- **14:15 – 15:30:** S1-3 Football (60:40) £2.50

*Contact the Clickimin for more information:
Tel: (01595) 741000

Sport and Leisure

Several voluntary sports clubs are considering the option of organising club sessions on a Friday afternoon. Further information will follow.

Disability Shetland



Disability Shetland can be contacted by families if they feel their child / young person may require support to access any of the Friday after school activities. There are also opportunities for young people over the age of 12 to volunteer in this supportive role.

For further information please contact Stephanie Bain on 01595 743922 or email stephanie.bain@shetland.org