

Transition Checklist

This checklist is a guide to assist with the discussions required for transition.

Each transition will have individual needs, however to ensure that everyone has as much information as possible at a time of change it is very important that all the issues that may arise are thoroughly discussed.

The following list gives examples of issues that may need to be discussed at transition. Please note this list is illustrative only and not exhaustive.

Issues	Applicable/ Not Applicable
Ensure relevant people are involved in planning the transition	
Benefit check to be undertaken	
DLA will be paid to the young person at the age of 16	
Mobility allowance will be paid to the young person	
Mobility vehicle will also belong to the young person	
Exploration of appropriate financial arrangements	
Young person needs to have their own bank account	
Exploration of the relevance of the adult under Assessment of Adults Capacity	
Exploration of parents expectations for meeting the needs of the young person in the future e.g. care arrangements/contact with family	
Preparation for change for the young person and the family	
Sexuality/Sex Education needs to be explored	
Relationships both personal and with peers	
Discussion to held on Self Directed Care this does not have to be for full packages can cover areas e.g. such as transport	
Carers Assessment to be offered	
Health Care needs to be considered as transition takes place at 16 individual plans to be agreed	
Some prescriptions will have to be paid for by the young person	
Physical activity and maintaining healthy lifestyles to be addressed	
Alcohol/Drugs and Smoking	
Transport from home to work what support needs to be in place	
Equipment needs the young person's requirement in various settings	
Social activities for the young person and their access to these	
Referrals to other relevant agencies to be made e.g. Speech Therapy, OT etc	
Introductory visits to be planned and managed e.g. not too many new experiences at one time	
Any other issues	