

ADDRESSES & TELEPHONE NUMBERS

Duty Social Worker

Education and Social Care Department
92 St Olaf Street
Lerwick
Shetland
ZE1 0ES
Tel: 01595 744421
Fax: 01595 744436

Home Care Service

Education and Social Care Department
Quendale House
31 Commercial Street
Lerwick
Shetland
ZE1 0AN
Tel: 01595 744320
Fax: 01595 744321

Should you require assistance outwith
office hours, please telephone:
01595 695611.

CC18

July 2009

MEALS ON WHEELS

**A Two Course Meal for Frail
and
Older People Living in the Community**



**Social Care
Education and Social Care Department
Shetland Islands Council**



What is it?

A two-course meal delivered to your home.

Who is it for?

Frail and older people, sick and/or disabled people who, because of their infirmity, are unable to cook for themselves and have no one to assist them.

How often?

Availability varies from 3-6 days depending on where you live.

In some areas the meals are cooked in the local school kitchen and therefore meals are not available during school holidays.

In this case, if you have no other method of getting a meal, a Home Help may be provided.

How much does it cost?

At the present time the charge is:
£2.50 per meal.

What if I have a Special Diet?

You will need to discuss this with the Home Care Organiser.

How do I apply?

Contact the Duty Social Worker or write to the Social Care Service address on the back of this leaflet.

Complaints

If you or your carer are not satisfied with the service provided you should contact the Home Care Service. If you are dissatisfied with the response please write to:

Chief Social Work Officer
Education and Social Care Department
92 St. Olaf Street
Lerwick
Shetland
ZE1 0ES