

Useful Telephone Number and Addresses

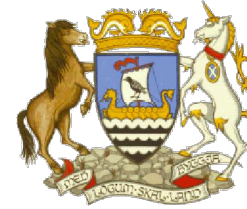
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Dementia

Dementia

Dementia is the name given to a group of organic psychiatric/mental illnesses that affect the normal working of the brain. These illnesses interfere with memory and the ability to think and reason. It is recognised that dementia has profound consequences for those affected and their families.

A review of staffing and dependency levels in Shetland's care centres was undertaken in 2004 and published in 2005. This showed that approximately 40% of older residents (aged 65 +) had a mental health problem assessed as medium or high. The vast majority of these would have dementia. There is a small number of adults with learning disabilities with early onset of dementia.

The numbers of people in Shetland with dementia are expected to increase as the population ages.

Aims

- To support family and unpaid carers so that they can continue in their caring role.
- To ensure that people with dementia are cared for in settings appropriate for their individual assessed needs.
- To achieve agreed improvements in the early diagnosis and management of patients with dementia (HEAT Target).
- To design an integrated care pathway for dementia conditions.

Dementia Redesign Project Action Plan

Actions	Resources	Responsibility	Timescales	Current Position
10. <u>Care at Home</u> - Review and develop role of Housing Support Workers (HSW) - Link to work on generic health and care workers	WER	Senior Housing Officer Supported Accommodation Assistant Director of Nursing (Community)	2008/09 2008/09	Sheltered Housing review completed. Further work needed on Housing Support Worker role. National pro forma agreed. Local solution to be developed
11. <u>Medication</u> - Develop local protocol on the prescription of Cholinesterase Inhibitors for people with dementia	WER	Chief Pharmacist, CHP Lead Clinician & Consultant Psychiatrist	1 April 2008	

*TBA - To be advised

*WER - Within existing resources

*SSA - Single Shared Assessment

*ICP - Integrated Care Pathway

Dementia Redesign Project Action Plan

Actions	Resources	Responsibility	Timescales	Current Position
9. <u>Diagnosis, Assessment and Care Management</u> Promote use of SSA Ensure all service users and their carers have a copy of the agreed care plan and are involved in planning their care. Identify and procure assessments from old age psychiatric services Implement standardised medical assessment process based upon guidance in SIGN Guideline No 86	WER	SM Community Care Fieldwork	On-going	The SSA procedures promote partnership working with service users and their carers throughout the assessment of needs and care planning Work is being taken forward to develop managed clinical network (MCN) with Grampian
- HEAT target: achieve agreed improvements in the early diagnosis and management of patients with a dementia.	WER	SM Mental Health Services	2008/09	
- Implement NHS QIS Integrated Care Pathway on Dementia, this should be inclusive of those with additional support needs, e.g. learning disability	WER	SM Mental Health Services	National timescale March 2011	Work on ICPs started via local mental health services

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Needs Assessment

Individual assessments of needs are carried out using Shetland's Single Shared Assessment Process. The main assessment is supplemented by Care Nap D assessment for people with dementia. Carers who provide regular and substantial amounts of care are entitled to a carer's assessment.

Services Available

- Viewforth House provides a secure environment for people with dementia. There are 20 residential places: 16 permanent and 4 for short breaks (respite); and 10 day care places. Viewforth manages specialist support in the community for up to 35 people.
- The Dementia Care Manager undertakes assessment and care management for the more complex cases and provides training, advice and information to staff and family carers.
- The Community Mental Health Team brings together the consultant psychiatrist, community psychiatric nursing (CPN) service and mental health officer roles. There is a proposal to develop one of the CPNs to become a specialist dementia nurse, who will lead on developing a co-ordinated diagnostic service and champion the needs of people with dementia and their carers.
- Generic Service Provision – people with dementia whose physical frailty is the main presenting problem are more likely to receive care from the generic care services. These are listed below

Edward Thomason House, Lerwick

- residential care for very frail older people
- 16 permanent places.

Services Available (cont)

Taing House, Lerwick

- 16 permanent residential places,
- 4 respite care places
- 12 day care places

Overtonlea, Levenwick

- 13 permanent residential places,
- 2 respite care places
- 12 day care places.

Wastview, Walls

- 13 permanent residential places,
- 2 respite care places
- 12 day care places.

North Haven, Brae

- 13 permanent residential places,
- 2 respite care places
- 12 day care places.

Fernlea, Whalsay

- 8 permanent residential places,
- 2 respite care places
- 8 day care places.

Isleshavn, Mid Yell

- 7 permanent residential places,
- 3 respite care places
- 4 day care places.

Nordalea, Unst

- 5 permanent residential places
- 2 respite care places
- 8 day care places

Dementia Redesign Project Action Plan

Actions	Resources	Responsibility	Timescales	Current Position
<p>7. <u>Volunteers</u></p> <ul style="list-style-type: none"> - Approach Volunteer Development Agency - Work up profile for volunteering <p>8. <u>Self-managed Care</u></p> <ul style="list-style-type: none"> - Promote self-managed care - Ensure all clients and their carers have a named worker 	<p>WER</p> <p>WER</p>	<p>CHCP Management Team Named lead TBA</p> <p>SM Community Care Fieldwork</p>	<p>2008/09</p> <p>June 2008</p>	<p>Need to identify lead officer to take this forward for CHP Aim is to target volunteers who will be able to support people with dementia to keep their interests alive and improve their quality of life.</p> <p>Roles of care managers, care co-ordinators are being promoted via *SSA training</p>

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Dementia Redesign Project Action Plan

Actions	Resources	Responsibility	Timescales	Current Position
6. <u>Public Awareness</u> - Work with partner agencies to develop Shetland wide public awareness campaign regarding Dementia	WER	CHCP Management Team Named lead TBA Public Health / Health Promotion	On-going	Info made available at Carers events in June and December 2007. Staff link with colleagues in the voluntary sector to support carers looking at information needs on Adults with Incapacity, benefits and access to services. Public awareness has been heightened by the workshops and consultation exercises undertaken as part of the Dementia Redesign Project. Interagency public awareness campaign developed to coincide with National Dementia Awareness Week in July 2008. Leaflets are reviewed regularly and new materials are being considered including work on websites.
- Work with partner agencies to develop advice and information support service for individuals and carers/families.				
- Develop information resource for distribution to all Health and Care Centres regarding services available to support individuals/carers.				

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Services Available (cont)

Walter and Joan Gray Home, Scalloway

- 13 permanent residential places,
- 3 respite care places
- 10 day care places.

All the care centres are run by the Council with the exception of the Walter and Joan Gray Home in Scalloway, which is run by Crossreach.

Care services available to support people in their own homes include:

- Care at Home Services providing high levels of personal care and help with domestic tasks
- Crossroads Care Attendant Scheme
- Meals on Wheels
- Occupational Therapy
- Aids and adaptations
- Lunch Clubs
- Community Alarm

NHS Shetland provides beds for the care of older people that allows for assessment and care.

These services are available to people in all community care groups depending on an assessment of their needs.

There are a number of voluntary organisations, which provide activities and support to older people. These include:

- Advocacy Shetland
- Age Concern
- Red Cross
- Senior Citizens Clubs
- WRVS

Housing

King Erik House, Lerwick
– very sheltered housing, 16 flats

Sheltered housing

- 34 schemes, across Shetland.

Expenditure

Funding 2009/10

Specialist dementia services: residential care, day care and care at home	£1,724,000
Dementia Care Manager	45,000
CPN Services	58,000
Total	£1,827,000

Service Reviews

Work on the Long Term Care Review and Dementia Redesign Project was completed in 2007 and reported to the Council and Shetland NHS Board in January & February 2008.

The main findings were:-

- an additional 120 long term care places will be needed in Shetland by 2025
- the additional places should be a mix of residential care and supported accommodation / extra care housing; these should be co-located in localities wherever possible
- 50% of the additional places should be in or near Lerwick

Dementia Redesign Project Action Plan

Actions	Resources	Responsibility	Timescales	Current Position
5. <u>Training</u>				
- detailed aggregate needs analysis to support dementia care services	*WER	Training Managers NHS and Social Care	March 2008	Included in analysis completed annually. Training plans will be adjusted to cater for changes arising from staff performance review and development programmes, appraisal, individual supervision and service developments. Training is available to both SIC and NHS staff.
- training programme developed	WER	"	2008/09	
- training programme implemented	WER	"	2008/09 & onwards	

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Dementia Redesign Project Action Plan

Actions	Resources	Responsibility	Timescales	Current Position
<p>3. <u>Supported Accommodation</u></p> <ul style="list-style-type: none"> - Review sheltered housing regarding feasibility of adaptations / upgrade to extra care housing - Review Housing Support Worker role 	<p>*TBA</p> <p>TBA</p>	<p>Senior Housing Officer – supported Accommodation</p> <p>“</p>	<p>Dec 2008</p> <p>TBA</p>	<p>The review of sheltered housing was completed on time. 3 pilot projects are being taken forward as part of the implementation plan.</p>
<p>4. <u>Telecare</u></p> <ul style="list-style-type: none"> - Assess potential for Telecare as part of support frameworks for people with dementia - Implement assistive technologies 	<p>£128K Scottish Government grant funding in 2009/10</p> <p>TBA</p>	<p>SM Occupational Therapy</p> <p>“</p>	<p>2009/10 awards</p>	<p>Telecare Project Report completed.</p> <p>Links will be developed to locality management models for flexible response</p> <p>The project will also link to OT, aids and adaptations programmes.</p>

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Service Reviews (cont)

- higher numbers of older people should continue to be supported in their own homes: the national target is 30% of all long term care places; locally the target is 40%
- all care settings should be dementia friendly
- a detailed training needs analysis should be carried out looking at upskilling the workforce to cater for higher dependency needs
- the workforce in all older people's care settings should be given additional training in dementia care
- Early diagnosis is important for the treatment of dementia and improves the outcomes for patients

The Action Plan from the Dementia Redesign Project is appended below.

Progress against the plan is being taken forward by the Community Health and Care Management Team. The plan has been updated to reflect progress made up to 31 March 2009.

An exciting new initiative is being planned in partnership with Stirling Dementia Service Development Centre and Alzheimer Scotland. Shetland will be one of three areas taking part in a pilot to improve and increase post diagnosis support for people with dementia and their carers.

Priorities in terms of increasing capacity and built environments are to:-

- develop a temporary care home at Montfield Hospital in Lerwick.
- replace Viewforth House
- replace Isleshavn in Yell

Support from the University of Stirling will provide training for local trainees to deliver a self-study course.

Unmet Needs/Issues Identified

The numbers of people with dementia are increasing as the population ages. The respite and day care services are running at capacity.

There is no day care in the evenings or at weekends. This is increasing the pressure on the Care at Home Service, which is also running at capacity.

People are often not aware of the services available for people with dementia or the support available for carers.

It is difficult to move people on as their needs change, for example, from Viewforth House to Edward Thomason House in cases where the client has become very frail and their physical needs are more significant than their dementia. This blocks places in Viewforth and means the individual may not receive the care most appropriate to their needs.

There is a need to raise public awareness of dementia and encourage people to access advice and support if they are concerned about any mental deterioration.

Dementia Redesign Project Action Plan

Actions	Resources	Responsibility	Timescales	Current Position
1. <u>Replacement for Viewforth</u> - Detailed brief for technical feasibility study - Feasibility Study completed - New build ¹	£45k feasibility study £4.5M	Wolfgang Weis, Service Manager (SM) Community Care Resources Ditto Ditto Ditto	 March 2008 August 2008 2008/09/10	Service review completed as part of Dementia Redesign Project SIC Capital Programme Service undertaking technical feasibility study
2. <u>Residential Care Settings upgrade</u> - to be dementia friendly - additional capacity	£1M / year rolling programme	Head of Community Care	2008 – 2014	Bid to Council's Capital Programme has been prepared. 3 members of staff have been trained in dementia friendly design. Construction work has started on the Montfield Care Home project.

¹Depending on outcome of feasibility study

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