

Useful Telephone Number and Addresses

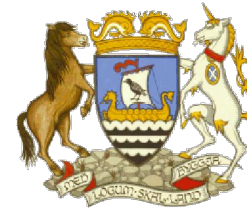
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Learning Disabilities

Learning Disabilities

Learning disability refers to a significant lifelong condition, present at birth or arising in childhood that can lead to problems in understanding information, learning and living independently. The information presented here relates to adults with learning disabilities i.e. people aged 16 and over.

Policy and legislation

In 2000 the Scottish Executive published 'The Same as You?' a report into services for people with learning disabilities in Scotland. Every statutory provider of services (local authority and NHS) has to report on progress against the recommendations in the document. This is outlined in the Partnership in Practice (PiP) Agreement which is published locally.

The following legislation has had an impact on service delivery locally for people with learning disabilities:

- Adults with Incapacity (Scotland) Act 2000
- Regulation of Care (Scotland) Act 2001
- Mental Health (Care and Treatment) (Scotland) Act 2003
- Adult Support & Protection (Scotland) Act 2007

Comprehensive information on the provisions of the legislation is available from the Scottish Government website www.scotland.gov.uk

Further Reading

- Scottish Executive 'The Same as You? A report into services for people with learning disabilities' 2000
- Shetland's Partnership in Practice Agreement (PiP) 2008 - 2011

Local Area Coordination

Action	Timing	Cost	Responsibility / Lead Officer
To develop role of Local Area Coordinator to focus on transition			Service Manager Adult Services

Older people with learning disabilities

Action	Timing	Cost	Responsibility / Lead Officer
To continue to offer specialist learning disabilities training to care home staff.	On-going	WER	Training Manager

Service provision in general

Action	Timing	Cost	Responsibility / Lead Officer
To investigate support required for self & community advocacy	May 2009	£3k	Service Manager Adult Services & People First
To take first steps towards accreditation of all provision by National Autistic Society	2009	£10k	Service Manager Adult Services

Statistics

At present there are 118 adults living in Shetland who are known to have learning disabilities. By 2020 this number will increase to approximately 188. On average 7 young people will leave school each year in need of support throughout adulthood on account of their learning disabilities.

Service Users' Rights include:

The right to dignity, privacy, choice, safety, realising potential, equality and diversity, as stated in the national care standards.

Aims

Services for adults with learning disabilities aim to provide:

- A person-centred approach to assessment and care planning.
- Services and support that meet assessed needs.
- Diverse services which comply with national care standards and other relevant legislation.

Needs Assessment

Adults with learning disabilities and/or autistic spectrum disorders have a wide range of needs in relation to accommodation, health, communication, day opportunities, leisure and social activities. In addition many people need assistance with activities of daily living, such as washing and dressing.

A significant number of people will have additional disabilities, for example, sensory impairment or physical disabilities. Some will have age-related problems.

Transition from Children's to Adult Services and then from Adult to Older People's Services is becoming more seamless within Social Care. Work is on-going to improve performance in this area.

Further development of medical and allied health professions input to adults with learning disabilities is required.

There is a recognised need for additional resource to ensure that the role of Community Learning Disability Nurse is available equitably.

Whilst Community Care can provide some advice and support, statutory and independent sector services must work together with families and people with learning disabilities themselves to ensure supportive networks are in place to ensure inclusion in all aspects of daily life.

Outreach services

Action	Timing	Cost	Responsibility / Lead Officer
Extend number of support packages in line with assessed needs.	On-going	WER	Linked to the development of Care @ Home
Work with the Housing Service to expand their outreach service, in particular to those with Asperger Syndrome	2009	£113k	Service Manager Adult Services Service Manager Housing and Property

NHS services

Action	Timing	Cost	Responsibility / Lead Officer
Develop obligate network with NHS Grampian to support clinicians	2009	TBC	Service Manager Adult Services
Ensure new health screening targets (access to services and links with other organisations) for people with learning disabilities are implemented by GP practices within the Enhanced Services scheme	2006-9	WER	Service Manager - Primary Care and Community Learning Disabilities Nurse

Day opportunities

Action	Timing	Cost	Responsibility / Lead Officer
To consolidate & expand ASDAN & other opportunities for users	On-going	WER	Manager – Eric Gray Resource Centre (EGRC)
To continue to develop community links	On-going	WER	Manager – EGRC
Detailed design of new build for complex needs	TBC		Service Manager Adult Services
To further develop the short breaks service at Newcraigielea	On-going	WER	Manager - Newcraigielea

Supported accommodation

Action	Timing	Cost	Responsibility / Lead Officer
To continue to develop community links	On-going	WER	Manager – ILP & Manager – Newcraigielea
To open Arheim (up to 13 tenancies)	April 2009	£450k	Manager - ILP
To review the need for further supported accommodation, especially for older people with learning disabilities and those with more complex needs.	2009	WER	Service Manager – Adult Services

Eligibility Criteria

Access to Community Care services is via a Single Shared Assessment (SSA), usually carried out by a Social Worker. For some services additional information is required. This is detailed in each service's leaflet.

To receive services for people with learning disabilities and / or autistic spectrum disorders, a person must normally have learning disabilities and / or an autistic spectrum disorder.

If no formal diagnosis has been made, information about the person's abilities will be gathered during the Single Shared Assessment (SSA) in order to make a judgement as to whether the person will benefit from these services.

Services Available

Assessment and care management

Requests for Single Shared Assessments (SSAs) should be made to the Community Care Fieldwork Team.

If the SSA indicates that on-going care management and support is required this is the responsibility of the Community Care Fieldwork Team, subject to prioritisation criteria. A care co-ordinator may be appointed for people with less complex needs.

Day opportunities

The main provision is based at Eric Gray Resource Centre (EGRC) where a range of educational, leisure and social activities are on offer, with some pre-work opportunities in association with COPE, a local award winning social enterprise firm. EGRC can offer certificated courses to its service users as part of the Awards Scheme Development and Accreditation Network (ASDAN). EGRC is registered and inspected by the Care Commission against national care standards for support services.

The demand for day opportunities has outstripped the provision available and the building is no longer fit for purpose. The short break facility at Newcraigielea is also registered to provide day care to a small number of people.

Action plan

Assessment and care management

Action	Timing	Cost	Responsibility / Lead Officer
To finalise Adult Support & Protection procedures	2009	Spring 2009	Chief Social Work Officer
To improve arrangements for supporting individuals and their families in the process of transition from child to adult and adult to older people's services	On-going	WER	Service Managers for Adult Services, Primary Care & OT

Unmet Needs / Issues

- o The rapid increase in the number of adults with learning disabilities and / or autistic spectrum disorders, especially those with complex needs.
- o Other demographic and social changes which will result in less people being available to provide both paid and unpaid care.
- o Underdeveloped medical and therapeutic services to support service users and carers.

Progress in 2008/09

- Shetland Islands Council has agreed to include new build accommodation in its capital programme and has committed itself to developing other day service options too. However, funding has not yet been identified.
- Wide range of courses completed by service users at Eric Gray and certificates presented.
- Successful recruitment (against trends) for 21 additional Social Care Worker posts to expand ILP's services at Arheim.
- Continued development of service user groups and other forms of user participation.
- Better links with specialist learning disabilities services in NHS Grampian are starting to be developed via an 'Obligate Network'.

Services Available (cont)

Supported accommodation

Adults with learning disabilities who move away from home usually become tenants of supported accommodation provided by the Independent Living Project (ILP), Stocketgaet or Sea View. All of these services are registered and inspected by the Care Commission against the national care standards for support services - care @ home and housing support.

ILP offers a 'Transition Experience' flat. This enables individuals on ILP's waiting list to try out their independent living skills before committing to a tenancy.

A core and cluster development of 1 & 2 bedroomed properties (Arheim) opened in April 2009.

Short break (respite) accommodation

Newcraigielea offers 8 en-suite bedrooms and a self-contained bedsit for short breaks. This service replaced and expanded the previous short break accommodation. The new service is registered and inspected by the Care Commission against the national care standards for care homes for adults with learning disabilities.

Outreach services

A few support packages are managed by learning disabilities services in line with national care standards for support services - care@ home and housing support. The number is expected to increase.

Services Available (cont)

Community learning disability nursing

The learning disability nursing service is a single-handed post providing a service to children and adults who have specific needs. The service operates an open referral system and can be accessed by individuals, parents, carers, professionals or voluntary groups. The service is usually provided through home visits and is available throughout Shetland.

Local area coordination

There is a Local Area Coordinator post, as recommended by the Scottish Executive's report 'Same as You?' This post has been developed to assist people with learning disabilities and their families to access services. It is being further developed to focus on transition.

Specialist psychiatry and clinical psychology

A visiting Consultant Psychiatrist and a visiting Clinical Psychologist offer out-patients appointments or home visits as appropriate. Further information can be obtained via the Community Learning Disability Nurse.

Older people with learning disabilities

People in need of care home support on account of physical illness, frailty or dementia have access to generic care home accommodation, regardless of whether or not they have learning disabilities. All care homes are registered and inspected by the Care Commission against the national care standards for care homes.

Funding

Funding 2009/10

Respite Provision	750,000
Supported Accommodation	3,143,000
Learning Disabilities Nurse	35,000
Outreach	118,000
Day Care	905,000
Local Area Co-ordinator	38,000
Total	4,989,000

The above figure does not include the cost of generic services accessed by some people with learning disabilities, e.g. Care @ Home, Occupational Therapy.