

Useful Telephone Number and Addresses

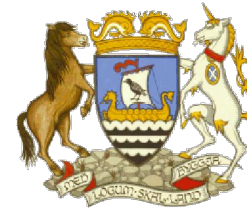
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Physical Disabilities

Further Reading

Shetland Disability Strategy 2005-2020. Shetland Islands Council / NHS Shetland, 2005. (and associated documents)

NHS Shetland. *2020 Vision of Shetland's Healthcare*. NHS Shetland, 2005

NHS Shetland. *NHS Shetland Disability Equality Scheme 2006-2009*. NHS Shetland, 2006

Shetland Island Council (in partnership with Shetland College, Shetland School Service and Zetrans). *Disability Equality Scheme*. SIC, 2006

Also see the Community Health & Care Partnership Agreement sections on Learning Disability; Sensory Impairment; Head Injury; Carers; and Older People.

Physical Disabilities

Shetland's Disability Strategy 2005 – 2020 uses the following definition:

“A disabled person is any person in Shetland, of any age, with a physical, sensory or mental impairment, resulting (or likely to result) in long term (more than one year) substantial adverse affects on day to day activities.”

This was adapted from the definition used in the Disability Discrimination Act 1995.

It is thought that there are approximately 3,300 people living in Shetland with some form of disability. Physical disability refers to a wide range of difficulties in carrying out physical tasks that are usually due to an underlying problem with the nervous system, muscles, bones or joints.

Examples of physical disabilities include difficulties in walking, using hands, balance, co-ordination, strength, swallowing and speaking. Depending on the cause, there may be associated problems including pain, fatigue, difficulties with bladder and bowel control, cognitive impairment, involuntary movements and stiffness or spasms.

Key Objectives

- To work with people with disabilities of all ages; promoting their rights and independence.
- To respond to their needs by targeting resources to support them effectively so that they can achieve their full potential.

Assessment of Needs

Aggregate needs assessments were completed for the Disability Strategy. Detailed information from birth is collated routinely through the Child Development Initiative. This has formed the basis for local projections particularly of the numbers of people with disabilities and their anticipated levels of dependency in future years.

Overall the numbers of people with disabilities who will require some support is expected to increase 3 fold by 2020.

Individual assessments of need are carried out using age appropriate shared assessment tools; the Single Shared Assessment (SSA) for adults and the Integrated Assessment Framework for children.

Services Available

Services designed primarily to meet the needs of people with physical disabilities include:

- 4 places at Montfield Hospital
- A joint SIC and NHS Occupational therapy service including aids and adaptations to property
- 2 flats providing specialist supported accommodation at Banksbroo.

Other services are used by people with a wide range of needs including those with needs arising from physical disability, e.g. community nursing, physiotherapy, Care at Home and Meals on Wheels.

*	Action	Lead	Cost	Timescales
	Development of day care, respite care and supported accommodation to meet specific needs of younger physically disabled people.	Social Care & partners	WER	On-going. Links in with a number of areas of work including relocation of Montfield hospital beds; provision of supported accommodation; review of Eric Gray Resource Centre.
	Support implementation of NHS Shetland and SIC Disability Equality Schemes	NHS Shetland Diversity Task Force SIC Policy Unit		On-going. NHS Disability Scheme to be reviewed in 2009

*	Action	Lead	Cost	Timescales
4.2.1	Support development of stroke services	NHS Shetland	WER	On-going - through local action plan for stroke service development and implementation of Framework for Adult Rehabilitation. Also within the relocation of Montfield beds to GBH. On-going work through the Stroke Managed Clinical Network.
4.3.2	Development of local guidelines for management of osteoporosis.	NHS Shetland (Falls Group)	WER	Through development of a local bone health strategy. Timescale to be established.
	Support use of Integrated Assessment Framework for Children	IAF Project Board (multi-agency)	WER	Being piloted in Sandwick. May – Oct 2008
	Development of Joint OT service and Joint OT store	NHS / SIC	WER	Joint Service manager is now in place. Plans for the store are under review.

Services Available (cont.)

In addition to general health services, there are a number of more specialised local services that may be accessed by people with physical disabilities, depending on their needs, including:

- Continence nurse specialist
- MS / neurology nurse specialist
- CT scanning service (established in 2007)
- A wheelchair and seating service provided by MARS from NHS Grampian.
- A local orthotics service, which has been recently reviewed, particularly in terms of skill mix.

Disability Shetland provides a range of services for people with disabilities including:

- Social activities at Montfield Hospital
- Online publication of the Access Guide to Shetland
- Disability awareness training
- Recreational clubs and swimming club

Other services provided by the voluntary sector to vulnerable people including those with physical disabilities include:

- Crossroads Care Attendant Scheme
- Independent Advocacy
- A Direct Payment Support Service now commissioned through the Citizen's Advice Bureau.

The Shetland Disability Consultation Group is run by the Policy Section of the SIC.

Expenditure	
2009/10	
Joint Occupational Therapy Service, Including Aids & Adaptations	1,611,000
Supported Accommodation	407,000
Disability Shetland Access Panel	21,000
Telecare Development (one off funding from central government)	128,000
Outreach	52,000
Total	2,219,000

Unmet Needs/Issues Identified

- There remains a significant waiting list for community occupational therapy assessments which can result in people remaining at risk. Provision of services as a result of assessments are not normally subject to delay.
- The numbers of places available in supported accommodation that are suited to the needs of younger adults with high dependency levels arising from physical disabilities are limited. This may mean inappropriate admission to hospital or residential care on a long-term basis.
- Many of the recommendations for service developments in Shetland's Disability Strategy 2005-2020 are unfunded and cannot be taken forward until funding is made available from elsewhere. Stakeholders find it very difficult to reprioritise services and service levels to release funding for new

*	Action	Lead	Cost	Timescales
2.17.1	Support implementation of DDA in NHS and SIC	NHS SIC	WER	Implementation progressing
2.18.3	Identify training needs across agencies Including awareness raising as part of induction for officers and councillors	Training and OD Team	WER	On-going. Joint training plans reviewed annually.
3.4.1	Implement Protecting Vulnerable Adults guidance and procedures.	SIC / NHS	WER	Guidance and procedures recently reviewed. Due to be further updated when new national guidance issued later in 2008.

*	Action	Lead	Cost	Timescale
2.6.1	Review of short break services for children with disabilities at Laburnum	Social Care (Children's Services)	WER	Review completed. The current building is no longer fit for purpose and a feasibility study is underway to look at a new build. The special needs childminding service has been reviewed and a new care at home service for children is under development.
2.8.2 2.8.3 2.8.8	Audit of housing stock & review adaptations in social rented stock Training for housing staff in disability awareness	Housing Training and OD Team	WER	On-going. Identification of properties suitable for conversion / adaptation underway to provide homes that meet disability needs in all housing tenures. All new build properties planned to be accessible.
2.9.4	Support the use of co-ordinated support plans for children (ASL Act)	Education	WER	Work in progress
2.10.1	Support improved Future Needs Assessment at 14+	Education	WER	Work in progress

Unmet Needs/Issues Identified (cont.)

service developments.

- One of the aims of the planned Disability Strategy stakeholder events (see planned action section below) is to tackle some of these difficult questions and decisions
- Many facilities have restricted access for people with physical disabilities including some Council offices and premises used by voluntary organisations working in the care sector.
- This is being addressed through the Disability Discrimination Act legislation, and the NHS and SIC Disability Equality Schemes.
- Better information on the services available and better access to information is needed for people with disabilities.

Planned Actions

The action plans from Shetland's Disability Strategy 2005 – 2020 have been monitored by the multi-agency Disability Strategy Group.

From April 2008 the quarterly meetings of the Group will be replaced by larger stakeholder events which will allow many more individuals and groups to participate.

These events will encourage in-depth discussion of specific issues, including monitoring progress in key areas and focusing on solutions to meet the unmet needs identified above.

Planned Actions (cont)

There are close links and overlaps between the Disability Strategy and a number of other local strategies and initiatives. Many of the actions from the Disability Strategy are delivered and monitored through other services and groups including:

- Carers Strategy
- Long Term Conditions Action Plan
- Isleshavn Care Centre Redesign
- Development of an Occupational Therapy Resource Centre
- Housing Strategy

Recruitment of a rehabilitation coordinator will assist in implementing recommendations from the government strategy Adult Framework for Rehabilitation.

Shetland Disability Strategy Planned Actions for 2008 - 2011

The table below highlights some of the key actions relating to Physical Disabilities.

* reference in original Action Plan (part of Disability Strategy document)

*	Action	Lead	Cost	Timescale
2.1.5	Produce inter-agency guidelines for appropriate use of resources	DSG working group	WER	To be progressed through Stakeholder Events in 2008/09
2.2.1	Further development of Additional Support Needs (Special Needs) database	Social Care	WER	Work on-going
2.2.2.	Collate information on prevalence of specific conditions - using GP Practice databases	NHS Shetland (Public Health / CHCP)	WER	Work on-going
2.3.1	Implement single shared assessment across all relevant agencies	SSA & Care Management Group	WER	Has been further revised: staff training currently under way
2.3.5	Produce information on roles of staff and services	DSG working group	WER	To be progressed through Stakeholder Events in 2008/09
2.5.1	Audit of availability of information (service users / public)	DSG working group	WER	To be progressed through Stakeholder Events in 2008/09