

Services

Once we have identified your needs, we will decide if you are eligible for a service.

Priority is given to services that are essential to enable a person to remain in their home in the community.

Some equipment has to be ordered from suppliers on the mainland and can take a while to arrange.

Adaptations can take several months to arrange due to a variety of factors, such as the need for planning permission, building control, availability of funds and availability of contractors.

How to contact us:



Write to us at:
Occupational Therapy
Quendale House
31 Commercial Street
Lerwick
Shetland
ZE1 0AN



Telephone us on:
01595 744 319



Fax us on:
01595 744 321



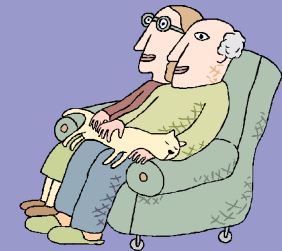
E-mail us at:
dutyot@shetland.gov.uk

CC42 rev.2

Dec 2010

Occupational Therapy

Information Leaflet



Helping you with everyday tasks

Shetland Islands Council
Occupational Therapy Service



Community

Occupational Therapists

help people of any age with long-term disabilities to live independently in their own homes.

If you have difficulty managing your personal care activities or carrying out household tasks you may be eligible for an assessment.

We may be able to help you through giving advice, provision of equipment, recommending adaptations to your house, or requesting care services.

Assessments:

In most cases, before any services can be arranged or recommended, an assessment will need to be carried out.

Those people with the greatest needs will be seen first.

We may ask you to show us how you carry out activities so that we can see the difficulties you have and work out possible solutions.

Activities that might be assessed include:

Getting about

- Walking about the house
- Negotiating steps and stairs
- In and out of bed
- On and off chair or toilet
- Using a wheelchair

Personal care

- Toileting
- Dressing
- Bathing/washing
- Feeding
- Grooming

Domestic activities

- Cooking
- Food preparation
- Cleaning