

RESIDENTIAL SOCIAL WORKER

Short Breaks for Children can provide a professional social work service to children and young people with additional support needs and their families.

Comprehensive assessments will be carried out by the Residential Social Worker: "GIRFEC" (Getting It Right For Every Child) for younger children, and "WYFY" (With You For You) for those over 16 years of age.

Although linked to the Children and Families Team, the Residential Social Worker is based within the Short Break Services Team, and has a close working relationship with the staff at Laburnum House, Haldane Burgess Crescent and Outreach Support.

Referrals to the Residential Social Worker should initially be made to the Social Work Department - Children and Families Team (01595 744400)

Short Breaks Properties

Short Break stays take place at:

Laburnum House,
15 Burgh Road,
Lerwick ZE1 0LA
Tel. 01595 745240

and
37 Haldane Burgess Crescent,
Lerwick, ZE1 0HR
Tel. 01595 695153

For further information:

Andy Thornton: 01595 745242
(Team Leader)

Stephanie Bain: 01595 745246
(Depute Team Leader)

Heather Mathieson: 01595 745243
(Residential Social Worker - Short Breaks
for Children)

CH19

March 2011



Short Breaks for children and young people



Support services for young people
with complex additional support needs
and their families
in the Shetland Isles

What are “Short Breaks”?

Short Breaks is the name given to services previously called respite. They are designed to provide support to children and young people with complex additional support needs.

Short Breaks allow family and carers to have a rest from caring. It is important that these breaks have a positive outcome for children and their families. This is achieved by planning flexible responses to meet individual needs.

Short Breaks can be:

- Support to join in with an activity, or access a service
- Help in the family home
- A few hours at one of our designated properties
- One or more nights stay at one of these properties

Other breaks can be arranged as appropriate

How do we decide what is best?

If you think you or your child should receive help from the Short Breaks Service you should initially contact Andy Thornton on 01595 745242 or Stephanie Bain (01595 745246) or you could contact the Children & Families team on 01595 744400.

A member of the team will meet with you to carry out an assessment. The views of your child and the family will be central in helping to decide what sort of Short Break will be best for you.

What are “complex additional support needs”?

Children with complex additional support needs may have a physical or learning disability, they may have a sensory impairment, or ADHD, or be on the autistic spectrum. This list is for guidance, there may be other reasons that you and your family need the Short Breaks service.

Short Breaks Staff

All social care workers and senior social care workers employed within the team are required to register with the Scottish Social Services Council (or another professional body such as the GTC or Nursing and Midwifery Council). They have either achieved, or are working towards, the qualifications required for their professional registration.

All our staff are familiar with, and work to, the National Care Standards. The core principles of the National Care Standards are a commitment to promoting *dignity, privacy, choice and safety of the individual, whilst helping them towards realising their potential and valuing equality and diversity.*

The Team Leader (Manager) is a qualified social worker and is supported by a Depute. The team also includes a Residential Social Worker, an Inclusion Officer and administrative support.