



# Lerwick Summer Activities 2011

For further information on the range of activities taking place across Shetland, please contact your local Leisure Centre, Youth Centre, Community Office or Shetland Museum and Archives

Also check out the Council's website: [www.shetland.gov.uk/sport](http://www.shetland.gov.uk/sport)

All references to school year group are for the past year i.e the year group the pupil is in up until July 2011

Some activities require consent forms; they must be returned prior to the activity date.

Bookings cannot be made until Tuesday 21st June 2011.

For general information please contact: Active Schools on 01595 744006.

To make any bookings please use the specific contact numbers provided next to the events description.

Large print, or black and white versions of this leaflet are available. Please contact the number above to request any copies.

## New activities to try... golf, mountain biking & rugby!



## Dance Camps: Hip hop, Creative, Street, Jazz & more!

Join the Dance Camps, led by our experienced dance instructor.

The **week long** camps include a final dance performance showcasing your new, enhanced skills!

Please wear comfy clothing that you can move in and bring a packed lunch.

Water will be provided.

**P5-P7**, Mon 11th to Fri 15th July, 9.30 to 2.30pm. Islesburgh Community Centre **£35.00.**

**S1-S3**, Mon 25th to Fri 29th July, 9.30 to 2.30pm. Islesburgh Community Centre **£35.00.**

**P3-P5**, Mon 1st to Fri 5th August, 9.30 to 2.30pm. Islesburgh Community Centre **£35.00.**

**P3-P7**, Mon 8th to Tues 9th August, 9.30 to 2.30pm. Scalloway School Games Hall **£12.00.**

**P3-P7**, Wed 10th to Thurs 11th August, 9.30 to 2.30pm. Sandwick School Games Hall **£12.00.**

**Booking essential** - please contact Islesburgh Community Centre: 01595 745100

For any queries please contact Active Schools: 01595 744006

## Netball Camp

Monday 8th to Wednesday 10th August, 10am to 2pm. **P6 - P7** £18.00 for 3 days.

Venues: Monday and Wednesday, Clickimin, Tuesday: Anderson High School Games Hall.

A very popular three day Netball Camp that develops your playing skills.

Please bring a packed lunch and wear appropriate sportswear.

**Booking essential** - please contact Islesburgh Community Centre: 01595 745100

For any queries please call Active Schools: 01595 744006



## Rugby Camp

**Two Day Rugby Camp P3-7**

Thursday 4th August 9.30am to 3pm and Friday 5th August 10am to 3pm. £6.00 daily or £10 for both days.

Venue: Clickimin Rugby Pitch, Lerwick.

This two day camp is run by experienced coaches from Shetland Rugby Club and is open to all ability levels.

Please bring suitable clothing (if you have football/rugby boots please bring them). Please bring a packed lunch.

**Booking essential, contact: Islesburgh Community Centre: 01595 745100**

For further information please email Daniel Meadows, Rugby Community Coach at [daniel.meadows@shetland.gov.uk](mailto:daniel.meadows@shetland.gov.uk)



**Mountain Biking, P6-P7**

Thursday 11th August, 10am to 2pm. £5.00.

Meet at the Gilbertson Park Games Hall, Lerwick.

There will be a skills morning followed by a bike trip later on in the day.

The bikers will need their bikes, helmets and gloves (full finger) and a water bottle. Warm clothing (layers are best, in case the sun comes out and the snow comes down!) plus a waterproof jacket and trousers. Please bring a packed lunch and a small rucksack to carry the waterproofs and lunch.

Maximum of 10 places available.

## Biking Day

**Golf Day, P6-S2**

Thursday 28th July, 10am to 2.30pm. £6.00.

Meet at the Gilbertson Park Games Hall, Lerwick for a practice and then on to Asta Golf Club. (Minibus provided)

Please bring your own clubs; a small selection will be available on the day. Please bring a packed lunch.

Maximum of 12 places available.

## Golf Day

**Booking is essential** for these events please contact Islesburgh Community Centre on 01595 745100

For any queries please call Active Schools: 01595 744006

Active Schools is a part of Sport and Leisure, SIC

**Active  
Shetland**



# Clickimin Leisure Complex

Book On-line - [www.srt.org.uk](http://www.srt.org.uk)



## Week Long Swimming Courses

## Clickimin Leisure Complex

**Swimming lessons, Otters: 3½-5 years & Level 1:** 5 years  
Monday 4th July to Friday 8th July, 9.15am to 9.45am. £13.50 for the week.

**Swimming lessons, Level 2 & Level 3:** 5 years +  
Monday 18th to Friday 22nd July, 9.15am to 9.45am. £13.50 for the week.

**Swimming lessons, Level 3 & Level 6:** 5 years +  
Monday 1st to Friday 5th August, 9.15am to 9.45am. £13.50 for the week.

**Swimming lessons, Working towards National Swim Standard Certificate**  
(Must be able to swim at least 16m without putting feet down or stopping)

Monday 11th to Friday 15th July, 9.15am to 9.45am. £13.50 for the week.  
Monday 25th to Friday 29th July, 9.15am to 9.45am. £13.50 for the week.  
Monday 8th to Friday 12th August, 9.15am to 9.45am. £13.50 for the week.

## Pool Activities

**Rookie Lifeguard Taster Session, 8 to 10 years & 11 to 14 years**  
Thursday 7th July, 21st July and 4th August. £2.20.  
2.15pm to 3pm for 8 - 10 years.  
3.15pm to 4pm for 11- 14 years.

**Pool Inflatable, 8 years +**  
Every Monday, Wednesday, Friday & Sunday from 4th July to 14th August, 2pm to 4pm. £2.20.

**Diving Boards, 8 years +**  
From 4th July to 14th August. £2.20.  
Monday & Wednesday, 7pm to 9pm.  
Tuesday & Thursday (14/7, 28/7, 11/8 dates only), 2pm to 4pm.  
Friday, 6pm to 8pm. Saturday, 2pm to 4pm. Sunday, 6pm to 7pm.

**Busy Kids, 5 years+**  
From 5th July to 14th August. £2.20.  
Tuesday & Thursday, 10am to 12pm. Saturday & Sunday, 11am to 12.45pm.

**Flippers are fun, 8 years+**  
From 4th July to 14th August. £2.20.  
Monday, Wednesday & Friday 10am to 12pm.  
Tuesday & Thursdays 6pm to 9pm.

**PLEASE NOTE:** For all Activities, children aged under 6 years must be accompanied by an adult on a 1:1 ratio. Children aged between 6 and 7 years who have not completed their National Swim Standard Certificate must also be accompanied by an adult on a 2:1 ratio.

**PLEASE NOTE:** Due to main hall essential floor maintenance, all indoor activities will start week beginning 11th July 2011.

**Play Zone, Pre School and Primary ages**  
From 12th July to 11th August. £2.80.  
Tuesday, 10am to 11.45am.  
Thursday, 1.30 to 3.30pm  
(Please note up to aged 2 go free. Children aged under 5 years MUST be accompanied by an adult)

**Peerie Kickers Outside! Aged 3½ to 5 years**  
Every Tuesday & Thursday from 4th July to 28th July, 2.30pm to 3.30pm. £2.30.

**Football Focus Outside!**  
From 4th July to 29th July, 10am to 1pm. £6.90.  
Mondays: P1 - P2.  
Wednesdays: P3 - 5.  
Fridays: P6 & P7.

**Full Day Fun, 6 years+ and having completed their National Swim Standard Certificate**  
Every Tuesday & Thursday from 12th July to 11th August, 10am to 3pm. £9.15.  
Pool activities, Racquet sports, Games, Play Zone.  
Bring a pack lunch & swim wear.

**Pre School Fun Hour, Preschool**  
Every Wednesday from 13th July to 10th August, 1.30pm to 2.30pm. £2.00  
Parents attend these sessions with their children.

**Pre School Gym, Aged 3 to 5 years**  
Friday 15th July, 1.30 to 3.30pm. £4.60.  
Parents can leave their children during this session.

**Play with the Pros Athletics, Aged 7+**  
Monday 18th July & Monday 1st August, 2pm to 3pm. £2.30.

**To book or for any further information please contact**  
**Clickimin Leisure Complex**  
**For online bookings visit: [www.srt.org.uk](http://www.srt.org.uk)**  
**Tel: 01595 741000**

**Bell and Bullock, P7 - S2**  
Wednesday 20th July, 11am - 3pm. £3.00  
Drop off and pick up at Sandveien Neighbourhood centre  
The well established Circus Theatre Company Bell and Bullock make a welcome return to Shetland and are performing at Sandwick Youth and community centre. Morning Show 'Cabin Fever' and in the afternoon a Circus Workshop.  
Please wear loose clothing and bring a packed lunch.  
**To book please contact Islesburgh Community Centre on 01595 745100**

## Youth Work



For further information please contact Aimee Barclay, SIC, Youth Services on 07766426540 or 01595 744475

## Football

**Football Frenzy at Gilbertson Park, Lerwick, P4 - P7**  
Thursday 14th July, 11am to 1pm. £2.00.  
Venue: Gilbertson Park outdoors  
(Or indoors if the weather is bad).  
Football coaching, fun games and matches.  
Pre-booking is not required.



**Football Frenzy at Fraser Park, P1 - P4**  
Monday 1st August, 10.30am to 12pm. £2.00.  
Venue: Fraser Park, Scalloway.  
(Or Scalloway School Games Hall if the weather is bad)  
Football coaching, fun games and matches.  
Pre-booking is not required.

## Pre School

**Gilbertson Park Pre School, Birth to 5 years**  
Tuesday 12th, 19th & 26th July and 2nd August, 2pm to 3.30pm. £2.00.  
Venue: Gilbertson Park Games Hall, Lerwick.  
Fun play activity for toddlers and pre-school children. Weather permitting, activities will be outside. Please ensure children are wearing appropriate clothing. Children must be accompanied by an adult.  
Water available for everyone. No booking required - just turn up!

## Bike Trip

Thursday 4th August, meet at Gulberwick Hall. £2.00.  
**P1 - P4, 10am to 11am P5 - P7, 11am to 12pm.**  
The bikers will need their bikes, helmets, full finger gloves and a water bottle. Warm clothing plus a water proof jacket is required.  
Maximum of 10 places available  
**Booking essential, contact:**  
Islesburgh Community Centre, Tel: 01595 745100

For any queries on these activities please call Active Schools: 01595 744006

# Shetland Nature Festival - 2nd to 10th July 2011

Saturday 2nd July - Lerwick

Thursday 7th July - Unst

## Festival Launch with Simon King: £7.50 (concessions £2.50)

Simon King will kick off the Festival with a fascinating nature talk. Garrison Theatre, Lerwick at 2pm.

**Booking: Tickets available from Shetland Box Office (01595 745 555)**

## Nature Rocks!

Open Day with Geopark Shetland and Shetland Biological Records Centre. Celebrate Shetland's stunning natural heritage. Just drop in! Shetland Museum and Archives, Lerwick at 12pm to 5pm.

## Go Wild With Your Child in Town

An RSPB walk for families. Most suited to children 7-12 years. Meet at Visit Shetland, Market Cross, Lerwick at 6.30pm to 8.30pm.

**Booking Essential through RSPB: 01950 460800 or [Shetland@rspb.org.uk](mailto:Shetland@rspb.org.uk)**

## Sunday 3rd July - Sumburgh

### Sumburgh Head Seabird Spectacular

Get up close and personal with thousands of breeding seabirds. A great day out for all ages. Drop along between 11am to 4pm.

**Other Events - North Isles Nature Cruise with Simon King, £75.50 (concession £67.50) (Packed lunch and refreshments included).**

Join local wildlife tour company, Shetland Nature and Simon King on board the Yell Sound ferry for a fantastic voyage to Hermaness.

Time: 9.30am (Ulsta), 9.50am (Toft) to 5pm.

Location: Leaving from Ulsta (Yell) and Toft (North Mainland)

**Booking Essential. Available from Shetland Box Office (01595 745 555)**

**Other Events: Romance, Wrecks and Record Breakers guided walk - Mousa**

Meet at Mousa ferry, Aithsvoe Pier, Cunningsburgh at 1pm to 5pm.

**Booking: Ferry booking essential- Mousa Boat Trips 01950 431367**

## Wednesday 6th July - Bressay

### Gorie and Bressay cliffs guided walk

See some of Shetland's diverse wildlife. No booking required. Location: Meet at Gorie track, Bressay, 2pm to 4pm.

### Hot Rocks! Experimental archaeology with a geological twist

Find out why geology was hot stuff in Shetland's Bronze Age. No booking required. Location: Bressay Heritage Centre at 2pm to 4pm

### Drawing workshop and cetacean watch at Noss Sound

Artist and South Shetland Ranger leads an art workshop inspired by Shetland's landscape.

Location: Meet at Bressay Heritage Centre (transport and materials provided) 11am to 4pm. **Booking essential through Shetland Amenity Trust - 01595 694688 (maximum 12 places)**



## Outdoor Activities

**Get Wet Days** can be canoeing and / or coasteering. To take part you will need a change of clothes, towel and packed lunch. **Maximum numbers are 10 per day. Consent forms are essential. Advance booking is essential.**

To book please contact Islesburgh Community Centre  
Tel: 01595 745100

For further queries please contact Sport and Leisure on  
01595 744006

## Hermaness National Nature Reserve guided walks (will run twice)

Visit the Hermaness National Nature Reserve to see some of Europe's most spectacular seabird colonies. No booking required.

Meet at Hermaness car park, Unst, 10am and 2.30pm

## Whale Watching at Lambaness

The North Shetland Ranger / Shetland Amenity Trust's Natural Heritage Officer invite you to join them on a whale and dolphin watch. No booking required. Meet at tip of Lambaness, Unst, Time: 10am to 12pm or 2pm to 4pm

## Keen of Hamar National Nature Reserve guided walks (will run twice)

See some of Shetland's rarest flowers including Edmonston's chickweed. Meet at Keen of Hamar car park, Unst at 10am or 2pm. (1.5 hours approx). No booking required.

## Hagdale and the Heogs guided walks (will run twice)

Explore rocks that were formed far beneath an ancient ocean. No booking required. Meet at Hagdale car park, Unst at 12pm or 3.30pm (2 hours approx)

## Go Wild with Your Child (Will run twice)

Join RSPB guides and explore the fields, burns and shore around Haroldswick.

Meet at Unst Heritage Centre at 11.30am to 1pm and 2pm to 3.30pm

**Booking Essential through RSPB on 01950 460800 or [Shetland@rspb.org.uk](mailto:Shetland@rspb.org.uk)**

## Other Events,

**Go Wild With Your Child: £1 if WEX member, £2 if not; adults go free!**

Come along and explore the fields, burns and shore near the Croft House Museum. Meet at Croft House Museum, South Mainland at 6.30pm to 8.30pm.

**Booking Essential through RSPB on 01950 460800 or [Shetland@rspb.org.uk](mailto:Shetland@rspb.org.uk)**

## Saturday 9th July - Noss

### Noss National Nature Reserve Open Day

Take a boat trip to the island of Noss for a day of family friendly fun, including guided walks, rock pooling and face painting. Booking not required.

Location: Noss National Nature Reserve from 12pm to 4pm.

## Sunday 10th July - Mousa

### Mousa Magic, £16 per person

A guided walk around the island before waiting at the Iron Age broch for tiny storm petrels to return under the cover of darkness.

Location: Meet at Aithsvoe Pier, Cunningsburgh, 8pm to 1am.

**Booking essential through RSPB 01950 460800 or [Shetland@rspb.org.uk](mailto:Shetland@rspb.org.uk)**

### Other Events: A Date With Nature

Guides will help share the stories of Sumburgh's seabirds, and you can watch 'puffincam' from inside the historic engine room at Sumburgh Lighthouse.

Running daily throughout the summer at 11am to 4pm.

Sumburgh Head RSPB Reserve. No booking required.

**There are lots of other exciting events on in different areas of Shetland including Eshaness and Fetlar**

**For detailed and up to date information look online at:**

**[www.shetlandnaturefestival.co.uk](http://www.shetlandnaturefestival.co.uk)**

### Useful numbers

**RSPB: 01950 460800**

**Shetland Amenity Trust: 01595 694688**

**SNH: 01595 693345**

**Events are free unless stated.**

**Donations are invited for all the free events.**

### Get Wet Adventure Days

#### P6 & P7

Wednesday 6th, 13th July or 10th August, 10am to 4pm. £17.50 per day.

Meet at Islesburgh Community Centre.

#### S1 & S2

Friday 8th, Thurs 14th July or Tues 9th August, 10am to 4pm. £17.50 per day.

Meet at Islesburgh Community Centre.

### Adventure Camp, P7 - S2

Monday 1st to Wednesday 3rd August, 10am to 4pm daily. £50.00 for 3 days.

A new three day activity camp where you will have the opportunity to try out a range of outdoor activities (these could include bog jumping, canoeing, rock climbing, coasteering, abseiling and mountain biking) Feeling adventurous? Come along and give it a go!

# Shetland Museum & Archives

## Brilliant Bunting and Fantastic Flags family workshop, All Ages

Sunday 10th July, 12noon to 4pm. Free, just drop in.  
Come along to the museum to make bunting and flags which will be used to decorate the outside of the museum during the Tall Ships exhibition.

## Figurehead workshop, P4+

Thursday 14th July, 10am to 4pm. £6, booking essential.  
Join artists Jo Jack and Ana Horne to make a replica ship figurehead. Working in a group, children will be inspired by figureheads on display within the galleries before creating a masterpiece to be hung in the Museum. As this is a full day workshop, please take a packed lunch. Participants must wear old clothes and shoes.

## Peerie boat builders drop in for all the family, All Ages

Friday 22nd July, 11am to 3pm. Free, just drop in.  
Join us for a fun day making wooden "peerie boats". Be inspired by the boats in the Museum collection or around the dock, then launch and sail your boat.

## Mad Hatter's Tea Party, P1+

Saturday 23rd July, 11am to 12noon. £3, booking essential.  
Come along to design your own party hat to wear to the Mad Hatter's tea party. Then join the Mad Hatter for a parade through the museum to showcase your hat.

## Willow Tall Ships, P6+

Tuesday 26th July, 10am to 4pm. £6, booking essential.  
Join Artists Jo Jack and Ana Horne to use willow to create your own Tall Ship. There is a one hour break at 12.30pm – bring a packed lunch.

## Mosaic Tea Cup Coasters, P4+

Thursday 28th July, 10.30am to 12noon. £3, booking essential.  
We're celebrating Shetlanders' love of Tea! Make a beautiful teacup designed coaster using mosaic techniques.

## Knitted Cakes Tea Party, P7+

Monday 1st August, 10am to 4pm. £6, booking essential.  
Join Jennie Bradley and Verinia Fraser to knit a scrumptious looking cake. Choose from various designs including cupcakes, doughnuts or cream cakes. Add the "finishing touches" by sewing on beads and sequins. As this is a full day workshop, please bring a packed lunch.



## Pirate Puppets, P4 – P7

Tuesday 2nd August, 10am to 1pm or 2pm to 5pm. £5, booking essential.  
Did you know that fearsome pirates once roamed the coast of Shetland? Join Jennie Bradley and Verinia Fraser to sew your own.

## Pirate Fantastic, P1 – P4

Tuesday 9th August, 10am to 12noon. £4, booking essential.  
Explore the swashbuckling world of pirates and their part in Shetland's past. Make your own hat, cutlass and lots more!

## Under the Sea Creatures, P1 – P4

Thursday 11th August, 11am to 12 noon, £4, booking essential  
Investigate the underwater creatures that live in the galleries and then make your own to take home.

## Sail Around the World scavenger hunt, All ages

Friday 1st July to Sunday 14th August, anytime. Free, just drop in.  
Use a series of clues to hunt around the Museum galleries to find items from around the world. Complete the challenge, get your passport stamped and claim your certificate from Reception.

**Bookings taken from Monday 20th June, 10am**

To book please contact  
Shetland Museum and Archives  
Tel 01595 695057

# Shetland Library

## The Summer Reading Challenge - Circus Stars, Aged 4 - 11

Saturday 2nd July till Saturday 13th of August. Free.  
The challenge is to read any **six books** over the holidays. Sign up in the library from 9am on the 2nd of July onwards. Medals and certificates will be presented at 11am on the 13th of August. There will be lots of circus themed activities in the library and different free gifts to collect each week.

For further information check out the Website: [www.circus-stars.org.uk](http://www.circus-stars.org.uk) or contact Shetland Library on 01595 743868.



# National Play Day

## National Play Day, Aged from birth to P7. Gilbertson Park & Games Hall Lerwick

Wednesday 3rd August, 11am to 4pm. Free admission, just drop by.

Please accompany your child to this event.

Playday is the national day for play in the UK, check out the website to see what it's all about:

[www.playday.org.uk](http://www.playday.org.uk)

For further information on Shetland's event please contact the Bruce Family Centre: 01595 745400

# North Mainland Play Day

## Voxter Centre, Aged from birth to P7

Friday 12th August, 11am to 3pm. Free Event!

There will be a frequent Park & Ride minibus service between Brae & Voxter.

Please accompany your child to this event. A change of clothes and wellington boots may be required.

For any queries please call Active Schools: 01595 744006.



# Dinghy Sailing

## Venue: Lerwick Boating Club, Lerwick, Ages 9 -12.

Monday 11th July to Friday 15th July, 6pm to 9pm, £50.

One week of dinghy sailing led by RYA Instructors from the Lerwick Boating Club, for young people aged 9-12 years.

At the end of the week, each participant could expect to gain at least the RYA Junior Stage 1 sailing award.

No prior sailing experience is necessary although youngsters should be confident in the water.

They should be prepared to get wet and bring a complete change of clothes and shoes.

RYA Consent forms essential.

For bookings, contact: Islesburgh Community Centre, Tel: 01595 745100

Photo taken by Kevin Jones