



West Mainland Summer Activities 2011

For further information on the range of activities taking place across Shetland, please contact your local Leisure Centre, Youth Centre, Community Office or Shetland Museum and Archives

Also check out the Council's website: www.shetland.gov.uk/sport

All references to school year group are for the past year i.e the year group the pupil is in up until July 2011

Some activities require consent forms; they must be returned prior to the activity date.

Bookings cannot be made until Tuesday 21st June 2011.

For general information please contact: Active Schools on 01595 744006.

To make any bookings please use the specific contact numbers provided next to the events description.

Large print, or black and white versions of this leaflet are available. Please contact the number above to request any copies.

New activities to try... golf, mountain biking & rugby!



Dance Camps: Hip hop, Creative, Street, Jazz & more!

Join the Dance Camps, led by our experienced dance instructor.

The **week long** camps include a final dance performance showcasing your new, enhanced skills!

Please wear comfy clothing that you can move in and bring a packed lunch.

Water will be provided.

P5-P7, Mon 11th to Fri 15th July, 9.30 to 2.30pm. Islesburgh Community Centre **£35.00.**

S1-S3, Mon 25th to Fri 29th July, 9.30 to 2.30pm. Islesburgh Community Centre **£35.00.**

P3-P5, Mon 1st to Fri 5th August, 9.30 to 2.30pm. Islesburgh Community Centre **£35.00.**

P3-P7, Mon 8th to Tues 9th August, 9.30 to 2.30pm. Scalloway School Games Hall **£12.00.**

P3-P7, Wed 10th to Thurs 11th August, 9.30 to 2.30pm. Sandwick School Games Hall **£12.00.**

Booking essential - please contact Islesburgh Community Centre: 01595 745100

For any queries please contact Active Schools: 01595 744006

Netball Camp

Monday 8th to Wednesday 10th August, 10am to 2pm. **P6 - P7** £18.00 for 3 days.

Venues: Monday and Wednesday, Clickimin, Tuesday: Anderson High School Games Hall.

A very popular three day Netball Camp that develops your playing skills.

Please bring a packed lunch and wear appropriate sportswear.

Booking essential - please contact Islesburgh Community Centre: 01595 745100

For any queries please call Active Schools: 01595 744006



Rugby Camp

Two Day Rugby Camp P3 - P7

Thursday 4th August 9.30am to 3pm and Friday 5th August 10am to 3pm. £6.00 daily or £10 for both days.

Venue: Clickimin Rugby Pitch, Lerwick.

This two day camp is run by experienced coaches from Shetland Rugby Club and is open to all ability levels.

Please bring suitable clothing (if you have football/rugby boots please bring them). Please bring a packed lunch.

Booking essential, contact: Islesburgh Community Centre: 01595 745100

For further information please email Daniel Meadows, Rugby Community Coach at daniel.meadows@shetland.gov.uk



Mountain Biking, P6 - P7

Biking Day

Thursday 11th August, 10am to 2pm. £5.00.

Meet at the Gilbertson Park Games Hall, Lerwick.

There will be a skills morning followed by a bike trip later on in the day.

The bikers will need their bikes, helmets and gloves (full finger) and a water bottle. Warm clothing (layers are best, in case the sun comes out and the snow comes down!) plus a waterproof jacket and trousers. Please bring a packed lunch and a small rucksack to carry the waterproofs and lunch.

Maximum of 10 places available.

Golf Day, P6 - S2

Golf Day

Thursday 28th July, 10am to 2.30pm. £6.00.

Meet at the Gilbertson Park Games Hall, Lerwick for a practice and then on to Asta Golf Club. (Minibus provided)

Please bring your own clubs; a small selection will be available on the day. Please bring a packed lunch.

Maximum of 12 places available.

Booking is essential for these events please contact Islesburgh Community Centre on 01595 745100

For any queries please call Active Schools: 01595 744006

Active Schools is a part of Sport and Leisure, SIC

**Active
Shetland**

West Mainland Leisure Centre

Summer Parent & Toddlers Fun, Aged from Pre School to P4

Every Monday and Thursday from 7th July to 11th August, 9am to 1pm. £2.10.
Soft Play Fun in Main Hall or swimming. No session on Monday 11th July

Soft Play Fun, Aged from Pre School to P4

Every Saturday from 9th July to 13th August, 2pm to 3pm, £ 2.30.
Soft Play fun in the Main Hall.

Peerie kickers Soccer, Aged 3 years - P4

Every Wednesday from 6th July to 10th August, 11am to 12pm. £2.30.
Football fun for boys and girls indoor or outdoor.

Trampoline, Come and Try, Aged 5yrs - S4

Every Thursday from 7th July to 11th August, 2pm to 3pm. £2.30.
Beginners Trampoline coaching sessions.

Summer Swim School, Aged 3 years to P7

Every Thursday from 7th July to 11th August, 4pm to 6pm. £2.15.
SSA Levels 1-8 Swimming Lessons. This activity must be pre-booked

Advanced Swim Coaching, Aged up to S4

Every Monday from 11th July to 8th August, 1pm to 2pm. £2.15.
Advanced Swimming Lessons - SSA Level 8 and above.
This activity must be pre-booked

**To book please contact:
West Mainland Leisure Centre
01595 810444
wmlc@srt.org.uk**

Youth Services

Bell and Bullock, P7 - S2

Thursday 21st July, 11am - 3pm. £3.00
The well established Circus Theatre Company Bell and Bullock make a welcome return to Shetland and are performing at Bixter Hall. Morning Show 'Cabin Fever' and in the afternoon a Circus Workshop. Please wear loose clothing and suitable footwear and bring a packed lunch.

To book please contact

Islesburgh Community Centre on 01595 745100

For further information please contact Sheriene Rennie, in SIC,
Youth Services on 07766421094



MAD Days!

Whiteness Multi Activity Days, P1 - P7

Monday 11th and 25th July, 10.30am to 2.30pm. £4.00.
Venue: Whiteness School.
Activities include mini kickers, soft play, mini athletics, obstacle courses, games and races. Please bring a packed lunch.
Water is provided. Pre-booking is not required.

Walls Multi Activity Day, P1 - P7

Friday 15th and 29th July, 10.30 to 2.30pm. £4.00.
Venue: Happyhansel School, Walls.
Activities include mini kickers, soft play, mini athletics, obstacle courses, games and races. Please bring a packed lunch.
Water is provided. Pre-booking is not required.

Football

Football Frenzy at Fraser Park, P1 - P4

Monday 1st August, 10.30am to 12pm. £2.00.
Venue: Fraser Park, Scalloway.
(Or Scalloway School Games Hall if the weather is bad)
Football coaching, fun games and matches.
Pre-booking is not required.



Football Frenzy at Gilbertson Park, Lerwick, P4 - P7

Thursday 14th July, 11am to 1pm. £2.00.
Venue: Gilbertson Park outdoors (Or indoors if the weather is bad).
Football coaching, fun games and matches.
Pre-booking is not required.

**For any queries please call Active Schools,
01595 744006**

Pre School

Scalloway Pre School, Birth to 5 years

Wednesday 13th and 27th July, 1.30pm to 3pm. £2.00.
Venue: Scalloway School Games Hall, Scalloway.
Fun play activity for toddlers and pre-school children.
Children must be accompanied by an adult.
Water available for everyone. No booking required - just turn up!



Gilbertson Park Pre School, Birth to 5 years

Tuesday 12th, 19th & 26th July and 2nd August, 2pm to 3.30pm. £2.00.
Venue: Gilbertson Park Games Hall, Lerwick.
Fun play activity for toddlers and pre-school children. Weather permitting, activities will be outside. Please ensure children are wearing appropriate clothing. Children must be accompanied by an adult.
Water available for everyone. No booking required - just turn up!

**For any queries please call Active Schools,
01595 744006**

Outdoor Activities

**Get Wet Days can be canoeing and / or coasteering.
To take part you will need a change of clothes, towel and packed lunch.
Maximum numbers are 10 per day.
Consent forms are essential. Advance booking is essential.**

**To book please contact Islesburgh Community Centre
Tel: 01595 745100**

**For further queries please contact Sport and Leisure on
01595 744006**

Get Wet Adventure Days P6 & P7

Wednesday 6th, 13th July or 10th August, 10am to 4pm. £17.50 per day.
Meet at Islesburgh Community Centre.

S1 & S2

Friday 8th, Thurs 14th July or Tues 9th August, 10am to 4pm. £17.50 per day.
Meet at Islesburgh Community Centre.

Adventure Camp, P7 - S2

Monday 1st to Wednesday 3rd August, 10am to 4pm daily. £50.00 for 3 days.
A new three day activity camp where you will have the opportunity to try out a range of outdoor activities (these could include bog jumping, canoeing, rock climbing, coasteering, abseiling and mountain biking) Feeling adventurous? Come along and give it a go!

Shetland Nature Festival - 2nd to 10th July 2011

Saturday 2nd July - Lerwick

Festival Launch with Simon King: £7.50 (concessions £2.50)
Simon King will kick off the Festival with a fascinating nature talk.
Garrison Theatre, Lerwick at 2pm.
Booking: Tickets available from Shetland Box Office (01595 745 555)

Nature Rocks!

Open Day with Geopark Shetland and Shetland Biological Records Centre. Celebrate Shetland's stunning natural heritage. Just drop in! Shetland Museum and Archives, Lerwick at 12pm to 5pm.

Go Wild With Your Child in Town

An RSPB walk for families. Most suited to children 7-12 years.
Meet at Visit Shetland, Market Cross, Lerwick at 6.30pm to 8.30pm.
Booking Essential through RSPB: 01950 460800 or Shetland@rspb.org.uk

Sunday 3rd July

Other Events - North Isles Nature Cruise with Simon King, £75.50 (concession £67.50) (Packed lunch and refreshments included).
Join local wildlife tour company, Shetland Nature and Simon King on board the Yell Sound ferry for a fantastic voyage to Hermaness.
Time: 9.30am (Ulsta), 9.50am (Toft) to 5pm.
Location: Leaving from Ulsta (Yell) and Toft (North Mainland)
Booking Essential. Available from Shetland Box Office (01595 745 555)

Tuesday 5th July - Eshaness

Ronas Hill Guided Walk

Walk to Shetland's highest point and find peri-glacial features. No booking required. Meet at Collafirth Hill, North Mainland, 10am to 1pm.

Stennes Guided Walk

Discover the lavas and agates of Shetland's volcano and explore the remains of a 19th Century Haaf fishing station. No booking required. Meet at Stennes, North Mainland, 11am to 1pm.

Eshaness Coast Guided Walk

Explore the Eshaness coastline with Shetland Amenity Trust's Natural Heritage Officer and the North Shetland Ranger. No booking required. Meet at Eshaness Lighthouse, North Mainland, 2pm to 4pm.

Tingon guided walk

Walk to Tingon with the South Shetland Ranger to see a variety of breeding birds and flowers. No booking required. Meet at Tingon track, 2pm to 4pm.

Braewick Beach guided walk (runs four times through the day)

Join Geopark Shetland to discover granite, striped sandstones and lava from Shetland's violent volcano! No booking required. (1.5 hours approx). Meet at Braewick Café at: 10.30am, 12.15pm, 2pm or 3.45pm.

Go Wild with Your Child (Will run twice)

RSPB activities on Braewick Beach.
Meet at Braewick Cafe at: 11.30am or 2pm (1.5 hours approx).
Booking essential through RSPB 01950 460800 or Shetland@rspb.org.uk

Other Events: Romance, Wrecks and Record Breakers guided walk - Mousa

Meet at Mousa ferry, Aithsvoe Pier, Cunningsburgh at 1pm to 5pm.
Booking: Ferry booking essential- Mousa Boat Trips 01950 431367

Thursday 7th July - Unst

Hermaness National Nature Reserve guided walks (will run twice)

Visit the Hermaness National Nature Reserve to see some of Europe's most spectacular seabird colonies. No booking required.

Meet at Hermaness car park, Unst, 10am and 2.30pm

Whale Watching at Lambaness

The North Shetland Ranger / Shetland Amenity Trust's Natural Heritage Officer invite you to join them on a whale and dolphin watch. No booking required.

Meet at tip of Lambaness, Unst, Time: 10am to 12pm or 2pm to 4pm.

Keen of Hamar National Nature Reserve guided walks (will run twice)

See some of Shetland's rarest flowers including Edmonston's chickweed. Meet at Keen of Hamar car park, Unst at 10am or 2pm. (1.5 hours approx). No booking required.

Hagdale and the Heogs guided walks (will run twice)

Explore rocks that were formed far beneath an ancient ocean. No booking required. Meet at Hagdale car park, Unst at 12pm or 3.30pm (2 hours approx)

Go Wild with Your Child (Will run twice)

Join RSPB guides and explore the fields, burns and shore around Haroldswick.

Meet at Unst Heritage Centre at 11.30am to 1pm and 2pm to 3.30pm

Booking Essential through RSPB on 01950 460800 or Shetland@rspb.org.uk

Other Events:

Go Wild With Your Child: £1 if WEX member, £2 if not; adults go free!

Come along and explore the fields, burns and shore near the Croft House Museum. Meet at Croft House Museum, South Mainland at 6.30pm to 8.30pm.

Booking Essential through RSPB on 01950 460800 or Shetland@rspb.org.uk

Friday 8th July - Fetlar

Fetlar phalaropes and Funzie beach

Shetland Amenity Trust's Natural Heritage Officer will introduce you to Fetlar's Red Necked Phalaropes. No booking required. Meet at Loch of Funzie at 12pm.

Family fun on Fetlar with the RSPB: £5.00 adults £2.00 children

Wonderful World of Waders' guided walk from the Loch of Funzie to the RSPB hide. Also enjoy some afternoon 'Wild Art' at Tresta Beach. (Max 15 people)
Location: Meet at Loch of Funzie car park (Guided Walk, 11am) and Tresta Beach (Beach Art 2pm)

Booking essential through RSPB on 01950 460800 or Shetland@rspb.org.uk

Otter Walk (will run twice)

Learn how to search for these fascinating and elusive creatures with the North Shetland Ranger.

Time: 12.00, 14.00 (1.5 hours approx)

Location: To Be Confirmed

Booking: Essential through Shetland Amenity Trust (01595 694688)

Other Events: Geo Art Activities at the Old Haa

Celebrate the beauty and variety of Yell's rocks with art activities for all the family. Old Haa, Burrae, Yell, 2pm to 4pm.

Booking: Not required

Saturday 9th July - Noss

Noss National Nature Reserve Open Day

Take a boat trip to the island of Noss for a day of family friendly fun, including guided walks, rock pooling and face painting. Booking not required.

Location: Noss National Nature Reserve from 12pm to 4pm.

Sunday 10th July - Mousa

Mousa Magic, £16 per person

A guided walk around the island before waiting at the Iron Age broch for tiny storm petrels to return under the cover of darkness.

Location: Meet at Aithsvoe Pier, Cunningsburgh, 8pm to 1am.

Booking essential through RSPB 01950 460800 or Shetland@rspb.org.uk

Other Events: A Date With Nature

Guides will help share the stories of Sumburgh's seabirds, and you can watch 'puffincam' from inside the historic engine room at Sumburgh Lighthouse.

Running daily throughout the Summer at 11am to 4pm.

Sumburgh Head RSPB Reserve. No booking required.

There are lots of other exciting events on in different areas of Shetland including Sumburgh and Bressay.

For detailed and up to date information look online at: www.shetlandnaturefestival.co.uk

Useful numbers

RSPB: 01950 460800

Shetland Amenity Trust: 01595 694688

SNH: 01595 693345

Events are free unless stated.

Donations are invited for all the free events.



Shetland Museum & Archives

Brilliant Bunting and Fantastic Flags family workshop, All Ages

Sunday 10th July, 12noon to 4pm. Free, just drop in.
Come along to the museum to make bunting and flags which will be used to decorate the outside of the museum during the Tall Ships exhibition.

Figurehead workshop, P4+

Thursday 14th July, 10am to 4pm. £6, booking essential.
Join artists Jo Jack and Ana Horne to make a replica ship figurehead. Working in a group, children will be inspired by figureheads on display within the galleries before creating a masterpiece to be hung in the Museum. As this is a full day workshop, please take a packed lunch. Participants must wear old clothes and shoes.

Peerie boat builders drop in for all the family, All Ages

Friday 22nd July, 11am to 3pm. Free, just drop in.
Join us for a fun day making wooden "peerie boats". Be inspired by the boats in the Museum collection or around the dock, then launch and sail your boat.

Mad Hatter's Tea Party, P1+

Saturday 23rd July, 11am to 12noon. £3, booking essential.
Come along to design your own party hat to wear to the Mad Hatter's tea party. Then join the Mad Hatter for a parade through the museum to showcase your hat.

Willow Tall Ships, P6+

Tuesday 26th July, 10am to 4pm. £6, booking essential.
Join Artists Jo Jack and Ana Horne to use willow to create your own Tall Ship. There is a one hour break at 12.30pm – bring a packed lunch.

Mosaic Tea Cup Coasters, P4+

Thursday 28th July, 10.30am to 12noon. £3, booking essential.
We're celebrating Shetlanders' love of Tea! Make a beautiful teacup designed coaster using mosaic techniques.

Knitted Cakes Tea Party, P7+

Monday 1st August, 10am to 4pm. £6, booking essential.
Join Jennie Bradley and Verinia Fraser to knit a scrumptious looking cake. Choose from various designs including cupcakes, doughnuts or cream cakes. Add the "finishing touches" by sewing on beads and sequins. As this is a full day workshop, please bring a packed lunch.



Pirate Puppets, P4 – P7

Tuesday 2nd August, 10am to 1pm or 2pm to 5pm. £5, booking essential.
Did you know that fearsome pirates once roamed the coast of Shetland? Join Jennie Bradley and Verinia Fraser to sew your own.

Pirate Fantastic, P1 – P4

Tuesday 9th August, 10am to 12noon. £4, booking essential.
Explore the swashbuckling world of pirates and their part in Shetland's past. Make your own hat, cutlass and lots more!

Under the Sea Creatures, P1 – P4

Thursday 11th August, 11am to 12 noon, £4, booking essential
Investigate the underwater creatures that live in the galleries and then make your own to take home.

Sail Around the World scavenger hunt, All ages

Friday 1st July to Sunday 14th August, anytime. Free, just drop in.
Use a series of clues to hunt around the Museum galleries to find items from around the world. Complete the challenge, get your passport stamped and claim your certificate from Reception.

Bookings taken from Monday 20th June, 10am

To book please contact
Shetland Museum and Archives
Tel 01595 695057

Shetland Library

The Summer Reading Challenge - Circus Stars, Aged 4 - 11

Saturday 2nd July till Saturday 13th of August. Free.
The challenge is to read any **six books** over the holidays. Sign up in the library from 9am on the 2nd of July onwards. Medals and certificates will be presented at 11am on the 13th of August. There will be lots of circus themed activities in the library and different free gifts to collect each week.

For further information check out the Website: www.circus-stars.org.uk or contact Shetland Library on 01595 743868.



National Play Day

National Play Day, Aged from birth to P7. Gilbertson Park & Games Hall Lerwick

Wednesday 3rd August, 11am to 4pm. Free admission, just drop by.

Please accompany your child to this event.

Playday is the national day for play in the UK, check out the website to see what it's all about:

www.playday.org.uk

For further information on Shetland's event please contact the Bruce Family Centre: 01595 745400

North Mainland Play Day

Voxter Centre, Aged from birth to P7

Friday 12th August, 11am to 3pm. Free Event!

There will be a frequent Park & Ride minibus service between Brae & Voxter.

Please accompany your child to this event. A change of clothes and wellington boots may be required.

For any queries please call Active Schools: 01595 744006.



Dinghy Sailing

Venue: Delting Boating Club, Brae, Aged 8+ Cost £85

This course is suitable for beginners and leads to the award of a Royal Yachting Association (RYA) Stage 1 Certificate and possibly a Stage 2 for those with some sailing experience. A total of 10 x 15 hour courses are on offer as follows:-

4th to 8th July from 9.30am to 12.30pm or 1.30pm to 4.30pm

11th to 15th July from 9.30am to 12.30pm or 1.30pm to 4.30pm

18th to 22nd July from 9.30am to 12.30pm or 1.30pm to 4.30pm

25th to 29th July from 9.30am to 12.30pm or 1.30pm to 4.30pm

1st to 5th August from 9.30am to 12.30pm or 1.30pm to 4.30pm

Buoyancy aids and waterproofs are provided but please wear warm clothing and suitable footwear (old trainers are ideal).

Please also bring a towel and at least one set of dry clothes and shoes. A maximum of 6 trainees are allowed on each course and courses may not run if too few enrol. Please state a first, second and third preference of dates.

For bookings, contact: Islesburgh Community Centre, Tel: 01595 745100

