

Shetland Islands Council
Generic Outdoor Education Risk Assessments

Land Activities: Hill and Coastal Walking	Risk to: Instructors/Group Members	
Hazard	Risk	Control Measures
1. Ground conditions	Slips/Falls Falling objects Remoteness Lost group/group members River crossing	<p>Instructors are trained to NGB or SIC standards in group management and instructional techniques appropriate to the level of activity.</p> <p>Instructors choose a suitable venue taking into account of the nature of the activity, the ability of the group, weather conditions and the equipment available</p> <p>Group members are briefed on hazards specific to the area being used and are instructed in the skills and techniques needed to avoid/deal with them.</p> <p>The Instructor and the group carry safety equipment appropriate for the specific activity and venue.</p>
2. Weather	Cold and heat injury/trauma Rapid changes Changes to ground conditions	<p>Instructors obtain information on weather and other relevant factors and make an assessment of conditions prior to any activity taking place.</p> <p>Instructors will modify or curtail the activity if prevailing conditions are inappropriate for the group are planned activity.</p> <p>Instructors will ensure that each member of the group is appropriately clothed, carries sufficient food and that additional food clothing and equipment is available to suit the expected conditions and nature of the activity.</p> <p>Instructors are trained in First Aid to the level required by the NGB or SIC.</p>

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3. Equipment	<p>Unsuitability Failure Damaged Wrongly fitted</p>	<p>All equipment meets current specifications and/or acceptable standards where applicable and is suitable for the intended use. Equipment is regularly maintained, serviced and where required tested to current specifications. Instructors visually check equipment at time of issue. If group members are using their own equipment the instructor will ensure it is suitable for the expected conditions and nature of the activity. Instructors make a final check of the equipment prior to the activity starting; ensuring where necessary, that it is correctly fitted and that all group members are adequately clothed and equipped.</p>