

ANNUAL REPORT 2023-2024

Highlighting the
work of Active
Schools and the
wider Sport and
Leisure team in
Shetland



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Introduction

SIC Sport and Leisure Service oversees the running of the council's games halls, play areas, multi-courts, pitches, Islesburgh Community Centre and its hostel. The service also includes the delivery of Active Schools, an Outdoor Education programme, Sports Development and targeted support for families and people in need. Active Schools is a national programme, jointly funded through sportscotland and local authorities. Its aims are to provide opportunities for pupils to participate in sport and physical activity in extra-curricular time, to enhance and encourage leadership skills and to develop a network of volunteers to support the delivery of the programme.

Foreword

Hello and welcome to our Annual Report for the academic year 2023–2024. This year we celebrate twenty years of Active Schools, an amazing milestone and a great time to reflect on local achievements over the last two decades. The team's highlights include many of the larger events we have organised or been involved in including The Big Takeover, The Queen's Baton Relay, Olympic Torch Relay, 2005 Island Games, Tall Ships, Y LEAD and several Summer Cycle events. The team's favourite moments also include the more targeted and inclusive work they have undertaken in recent years including working with Ability Shetland's Sport Development Coordinator. They also thoroughly enjoy bringing schools together for tournaments, festivals and competitions. This year they have been as busy as ever, making a difference to the people of Shetland. I hope you enjoy reading about their work, and join me in thanking them once again for their commitment, effort and creative ideas to make sport and physical activity more accessible in the local community.

Louise Jamieson, Active Schools Manager



Participation in Sport and Physical Activity

School Sport Competition



The School Sport Competition Calendar provides opportunities for pupils to represent their schools in sport, and come together to try new activities they may not otherwise have the chance to try.

Event	Schools in attendance	Pupils
S3 Netball Competition	7	55
Secondary Badminton Competition	5	14
Primary Netball League	15	120
Primary Football League	12	75
Secondary Boccia Competition	4	14
Scottish Schools Badminton (Kilmarnock)	1	2
Parasport Festival	6	20
1&2 Teacher Schools Event	11	96
Primary Netball Tournament	6	55
Secondary Football Tournament	7	90
Primary Hockey Festival	14	140
Primary Boccia Competition	7	19
TOTALS	26	700



Extra Curricular Activities

The image below is taken from sportscotland’s report on Active Schools activities in Shetland this year. In order to be included, activities must be supported or led by Active Schools, take place in extra-curricular time (i.e. before or after school, at lunchtimes, evenings or weekends), not be during school holidays, and must involve 3 or more sessions.

Active Schools

Shetland Islands report 2023-24

Academic year

2023-24

Local authority

Shetland Islands

Number of visits

23,619

Number of participants

1,364

Percentage of school roll

42%



Number of sessions

1,133

Number of deliverers

186

Percentage of whom are voluntary

96%

- Participants are distinct individuals
- Number of Visits is the total number of times participants have attended any session
- Sessions are individual sessions that are classed as ‘Active Schools sessions’ through the criteria above
- Deliverers are all coaches and supporting volunteers for Active Schools sessions



Variety of activities delivered through Active Schools



CRICKET BADMINTON DODGEBALL
 NETBALL VOLLEYBALL
 HOCKEY DANCE
 TABLE TENNIS
 RUGBY
 ROWING
MULTISPORTS
 CYCLING BOCCIA
 ARCHERY FOOTBALL BASKETBALL



Bikeability

As well as Active Schools, Shetland is also celebrating 20 years of Bikeability (and its predecessors) delivery – and is the only local authority in Scotland to have achieved this milestone! The programme is delivered by the council’s Road Safety Officer and Active Schools Coordinators. Level 1 takes place in contained spaces like playgrounds, and covers a range of basic cycling skills including pedalling, stopping, slow speed control and changing gear. Level 2 is offered to all P6 pupils across Shetland and focuses on cycling safely on roads and using correct signals etc. Active Schools also delivered Bikeability Scotland Instructor training to 4 adults to enable them to deliver sessions in Shetland Schools.

This academic year saw 12 primary schools receive sessions. (Some schools do not receive sessions every year due to composite classes).

Children Trained:

Play on Pedals (nursery pupils) – 399

Level 1 Bikeability – 253 trained

Level 2 Bikeability – 245 trained.



Fit For Girls

A group of S2 girls from the Anderson High School took part in the extra-curricular Fit For Girls Programme this year. They worked with Active Schools to design an 8-week block of activities they wanted to try. They chose activities such as climbing, clay target shooting and table tennis. The programme gives the pupils a chance to meet girls from their year-group in a friendly, social environment and try out new activities in a safe way. Some of the girls enjoyed the activities so much they joined the community clubs after they had tried it!



Summer Programme

Active Schools delivered a packed summer programme of activity – all of which was free! Our ever popular ‘Picnic and Play in the Park’ sessions took place on Wednesdays in Lerwick and a variety of locations outside Lerwick on Thursdays. We estimate at least 1000 people accessed these sessions – with 500 people attending on one sunny Wednesday alone!

Activities Numbers

Paddle Boarding	22
Basketball Camp	13
Table Tennis	282
Rock Scrambling	21
Coasteering	33
Golf	13
Fencing	10
Netball Hats	77
Duathlon	11
Pedal Power	70



Changing Lives Through Sport

Care Experienced Fun Days

Through partnership work with Social Work, #Shetland Crew, Who Cares Scotland, and the Neighbourhood Support Team, we organised four Fun Days for adoptive families, foster families, kinship carers, young individuals from residential settings, and those in Continuing Care. Three sessions were held at West Mainland Leisure Centre, with participants taking part in pre-school play, swimming, climbing wall and racquet sports. For the first time, a Winter Gathering took place at Sandwick Youth and Community Centre with an afternoon traditional dancing, party games, and festive food. This inclusive and fun afternoon proved popular and will take place again in 2024.



Approximately 150 people have attended

"I really enjoyed the afternoon. Lots of good memories have been made!"
Young Person

"Such a special afternoon and lovely to see folk join in dancing and singing. A proper happy time!"
Staff Member

Kit For All

Lesley has developed new partnerships for Kit for All and expanded its outreach by attending a variety of events:

- Winter Pop-In sessions across the isles
- St Ringan's Hub for families
- Back To School event in Lerwick
- Rugby 7s festival
- Mossbank Community Fun Day
- Bruckland Festival
- Living Well Hubs



OVER 310 INDIVIDUALS HAVE BENEFITTED FROM KIT FOR ALL

"The children's health and social interactions have improved"

"My son has been able to join football and swimming lessons"

"It has helped my child to join in and eased financial pressure on us"

FAST

The FAST project is a collaboration between ourselves, Bridges Team and Neighbourhood Support. We have worked with the young people to create a welcoming, informal space where they can connect with staff and each other. We offer a variety of activities, including pickleball, badminton, basketball, walking, arts and crafts, and team-building exercises. This diverse range of options ensures there is something for everyone, fostering both physical activity and creative expression. The project aims to create a supportive environment where young people can engage, have fun, and build meaningful connections with their peers.



The young people helped to design a summer programme, which included Paddle Boarding and trips to West Mainland Leisure Centre, Brae and Lerwick Legion to play darts and pool.

One member of the FAST group stated they would like to cycle. The Bike Project secured funding for a bike for them, and Active Schools supported with confidence building sessions around bike skills and road awareness.



"I've never been out to this part of Lerwick before and seeing all the lambs was so cute" [Ness of Sound]

"I loved the trampoline and would to do more if there were any classes"

"FAST has allowed staff to develop positive working relationships which has carried over to other projects"

TOTAL NUMBER OF FAST SESSIONS = 54
NUMBER OF YOUNG PEOPLE ENGAGING WITH FAST = 20

Multicourt Leaders

A series of sessions were held last year with P4-7 pupils at Brae to help address some issues in the Multicourt at break times. Over-competitive behaviour was resulting in pupil fall outs. Active Schools planned and delivered six sessions to address the issues and backed up the learning with support in the multicourt including organising senior pupils to help.



All Ability Football



SIC Sport and Leisure, Active Schools and Ability Shetland supported Delting Football Club to introduce an All Ability section. The aim was to deliver football sessions to pupils who may have barriers to participating in mainstream club sessions, have little or less football experience or want to access a football environment aimed at supporting every player to achieve at whatever level they are at. The sessions have

gone very well, growing from 5 or 6 at the beginning to 25 registered participants. More recently, the project was named 'Best Community for All Project' by Scottish Football Association Grassroots Awards (North).

Chatterbox

Chatterbox is an intergenerational programme where Scalloway Primary 7 pupils visit the Walter and Joan Gray Care Home weekly. The pupils chat, get active with chair activities and play inclusive games including Boccia. The staff at the care home were very appreciative of the programme and the pupils. They said "We can't thank you enough for giving our residents such a wonderful experience."



Another class of P7s have yet again done the school proud."

Swim Skills



The Swim Skills programme is run in partnership between Active Schools, Shetland Recreational Trust and PE teachers. It supports selected primary school pupils to achieve their SSS (Scottish Safe Swimmer) standard before leaving primary school. The lessons are based on an individual's need and are delivered to small groups or 1-1 sessions. They are designed to build confidence in the water and essential swimming skills.

81% of Swim Skills participants passed their SSS

"I was unable to swim and was scared, I could just stand in the pool at the shallow end... During the Swim Skills lessons I built my confidence and passed my Deep End Test. I loved my swimming lessons with Richie" Dylan

Teatime Tuesdays

Together with colleagues from Community Planning and Development, Early Intervention and Schools, a range of sessions have been delivered across two identified school settings this year. Our 'Teatime Tuesday' sessions blend physical activity, family learning and food to offer a chance for families to come together to access family friendly activity and learning, and have their 'tea' at the school, all for free. Sessions took place at Mossbank and Brae this year, with future sessions planned for Urafirth next year. The sessions have been very much appreciated by the families attending.



ALL FOOD & ACTIVITIES ARE FREE

TEATIME TUESDAYS

Mossbank Primary

MAY 14TH
MAY 28TH
JUNE 11TH

3:30 - 5:00pm

FUN ACTIVITIES EACH SESSION

HOT FOOD. CRAFT. CUPPAS & SOMETHING SPORTY

EVERYONE IN THE COMMUNITY WELCOME!

Transition

Primary schools in the central mainland (Tingwall, Nesting, Scalloway and Hamnavoe Primary Schools) were invited to attend an Active Schools led transition day for their P7 pupils. The pupils were due to start S1 at the Anderson High School together so were given the opportunity to participate in non-competitive sporting activities to socialise and meet each other.



Social Fitness is an Active Schools project delivered in North Mainland to help pupils in P7 to build relationships with their peers before heading to Brae High. The sessions are hosted in the feeder Primaries with each of the 5 schools hosting at least 1 session each. The pupils are encouraged through games, physical activity and challenges, to get to know each other and begin to forge bonds. The 'host pupils' are also encouraged to show off their school and welcome the visiting pupils – this is something that has worked very well.

100% of pupils said they felt more confident moving up to secondary school

Come and Try sessions



Active Schools hosted a number of Come and Try sessions across primary schools in Shetland. This allows pupils to try many different sports and activities with a new activity each week and is done differently in each school as a morning club, lunch time club or after school club! Morning clubs have been found to be particularly effective in removing barriers to attending extra-curricular activities and have had high attendance rates. Some of the more popular and different activities include Boccia, Archery, Club Golf and Ultimate Frisbee.

Targeted work

Some pupils find it challenging to engage in physical activities, especially in group sessions, and so a more targeted approach must be adopted. Targeted work this year has included:



- 1-2-1 Cycling sessions aimed at non-cyclists and pupils who struggle to engage in wider groups. One of these pupils has now passed their Level 2 award and can apply for a bike to use at home through the SIC's Road Safety Officer, something they didn't have access to before.
- 2 secondary pupils shadowed an Active Schools Coordinator to deliver the Play Makers awards to Primary pupils. Both pupils were not accessing a mainstream curriculum but were interested in sport. They co-delivered sections of the training to P7 pupils which gave them an insight into leadership skills.
- A Coordinator delivered a series of sessions with 4 primary pupils who needed extra support to participate in PE and activities in the playground. Their confidence has grown, and the pupils have since increased their activity levels during PE and break times. Two have now joined local sports clubs with a supporting adult.

Boccia in schools

Ability Shetland held a Boccia Leaders course for their club volunteers who were keen to put their new leadership skills into practice in schools across Shetland. Volunteers, accompanied by Charis Scott, (Ability Shetland's Sports Development Coordinator) visited many schools introducing pupils to the Paralympic sport of Boccia over a 4 week block. Boccia is a precision ball sport, similar to boules, played in a seated position.



Schools and pupil numbers

Dunrossness - 14

Sound - 25

Aith - 22

Happy Hansel - 19

Skeld - 7

Sandness - 15

Baltasound - 20

Mid Yell - 16

Whiteness - 19

Leadership and young people

Sports Leaders UK

SCQF Levels 4 and 5 Sports Leadership Qualifications delivered by Active Schools have become a mainstay in secondary schools and through the Skills for Work programme to offer formal Leadership Qualifications for pupils across Shetland. The training allows pupils to explore the theory behind good leadership and build their confidence and skills. The uptake for the courses is higher than ever with pupils recognising the important role formal qualifications and the skills learned within the course can play.

13 pupils completed Level 5
87 pupils completed Level 4



Young Ambassadors

Young Ambassadors are secondary pupils who are tasked with promoting sport and motivating their peers to be active.

In September, 8 Young Ambassadors from across Shetland attended sportscotland's Regional Conference in Aberdeen. The group had a fantastic day meeting other Young Ambassadors and attending workshops that would help develop their leadership skills. A local conference was also held in November which gave all Young Ambassadors the chance to meet and share ideas. They also completed the 'Introduction to Coaching Children' Award.



Young Leaders

Active Schools offers annual leadership opportunities to P6 pupils in the form of Young Leaders training. This is a six week programme focusing on the practicalities of how to run physical activities/games. Children are encouraged to work together to develop and lead an event for younger children. Trained pupils go on to lead breaktime activities and work as buddies for younger children or children who need support.



244 pupils in P6 completed their Young Leader training

Leadership Academy



Leadership Academy provides an opportunity to learn about and practice leadership skills within a classroom environment. Over the 6 sessions pupils engaged in activities that helped them understand and practice various skills including communication, problem solving, creativity, organisation and teamwork.

Leaders in Primary

Five S6 pupils from Anderson High School signed up to the Leaders In Primary programme this year which is coordinated by Active Schools. This programme provides an opportunity for senior pupils to gain weekly work experience in a primary classroom through assisting a classroom teacher. It is fantastic for building confidence, communication skills, and providing a chance to see what working in a primary school entails.



Community Sports Hubs



Shetland Community Sports Hubs [CSH] are collectives of local sports clubs and other community organisations that come together to improve the contribution that sport and physical activity has in the community. CSHs are led by members of the Sport & Leisure team.

Unst CSH

Unst CSH supported Unst Boating Club in recruiting volunteers to enable them to expand their junior sailing. The Boating Club has recently completed a significant refurbishment of their Club House and hosted a grand opening in May.



Several junior sailing nights were held over the summer holidays with children appreciating the upgraded showers and social space.

28 children attended ranging from P5-S4 ages plus parent volunteers

Yell CSH

Yell CSH supported the Yell Netball Club and Leisure Centre with upskilling, to enable them to introduce new Peerie Netballers sessions for P1-4 pupils. The CSH also supported Yell Badminton Club with equipment to introduce Pickleball - a paddle sport that combines elements of tennis, badminton, and ping-pong. It is a really accessible sport, fun for all ages and abilities. The Club plan to run Come and Try sessions soon.



North Mainland CSH

The North Mainland CSH actioned a few different projects leading to enhanced opportunities in the North. The Hub supported a Delting Dolphins swim Coach to achieve a Level 1 Coaching course which will enhance the club's ability to increase their club capacity and offer club sessions to more young people in the North Mainland.

The Hub also supported Ability Shetland by providing a Boccia kit for their North Mainland clubs. The kit enabled them to build on their club offer across the North of Shetland and introduce the game of Boccia to new participants.



Whalsay CSH



Whalsay Hub meetings have been well attended, with representation from Football, Golf, Netball, Badminton, Equestrian, and the Minibus Association. Additionally, we've participated in the wider Shetland-wide Meetings online, further strengthening our network and hearing updates across different groups. Whalsay CSH supported the Badminton Club to purchase equipment to aid the development of junior players. Whalsay Netball Club was also supported with equipment to enable pre-school sessions and Walking Netball to occur.

Central Mainland CSH

The Central Community Sports Hub continued to meet throughout the year. These meetings were used to discuss issues faced by clubs within the central mainland of Shetland.

The CSH supported Burra Hockey Club to develop a new junior section by providing much needed equipment in a variety of sizes.



West Mainland CSH

This year the West Mainland Community Sports Hub has met regularly and supported:

- Walls Regatta Club with restoring a boat to increase their capacity on club nights
- The development of a Basketball group at West Mainland Leisure Centre
- Women and Girls activity through the hire of space to play Netball and Badminton while younger children were attending other sporting sessions.



South Mainland CSH

The South Mainland CSH was well represented with 8 Hub members. Ness Junior Netball Club coaches were supported with an online training course to develop their coaching skills. Ness United Football Club and Viking Weightlifting Club received support from the Hub to purchase equipment to enable them to allow more members to join. The Hub also provided support to Ness Junior Netball Club to enable them to expand their club with new sessions for P1-4 pupils.



Lerwick & Shetland-wide



Our Lerwick and Shetland-wide hub supported clubs to offer free Come and Try sessions in men's hockey, gymnastics and table tennis. The CSH also supported a number of coach education courses with 20 volunteers from the Shetland Girls and Women's Football Club going through their First Aid to enable the club to achieve their SFA Bronze Quality Mark, becoming the first Shetland club to ever do so.

Sports Development

Athlete Travel Award Scheme

Twice a year, the Athlete Travel Award Scheme [ATAS] panel grant awards of £750 to athletes to support with the cost of off-island training and competition schedules. Although the financial awards are hugely appreciated, the total cost for most athletes vastly exceeds the £750 granted. Here are some total cost examples for individual athletes:

Netball - £3500

Hockey - £1500

Athletics - £2500

Triathlon - £2450

Football - £2250

Swimming - £2350

There have been many success stories from our award recipients - including former ATAS athlete George Robesten making his debut for Ross County in the Scottish Premier League. In 2023-24 we awarded 14 athletes from across 6 sports.

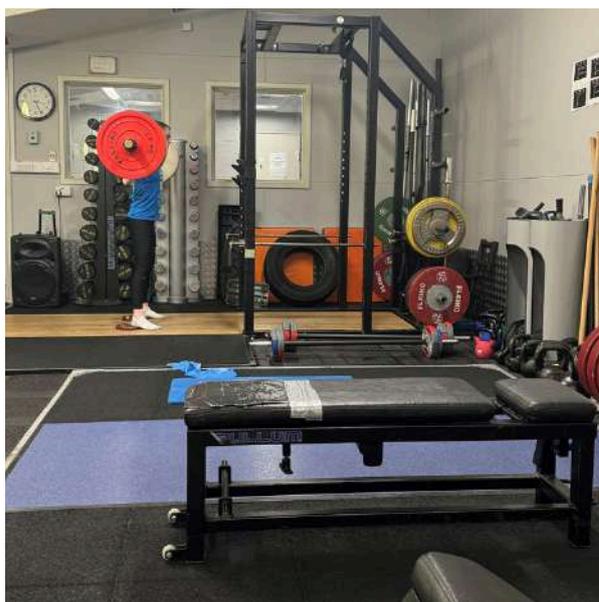


**George Robesten
in action
for Ross County**



**ATAS athlete
Michelle Sandison**

Personal Development Programme



Five new athletes joined the programme from Athletics, Football, Netball and Swimming. Also, four athletes transitioned off the programme as they were moving away to university. We are working with our athletes to prepare for the Orkney Island Games in July. Along with colleagues in the Highlands and Islands we have in place an education programme that will run up to the Games with the aim of supporting athletes and coaches to achieve their best performance.

Club Support

Our Sports Development Officer supports existing clubs to grow and develop their governance, fundraising, education and inclusion work. This year he has also been working closely with a couple of new sports looking to start clubs in Shetland. One example is Freediving – a sport that has never been an ‘organised’ activity in Shetland before – but with many interested locals and a perfect natural environment. Together they have worked hard to get all the relevant training and governance in place and it is fantastic to see the club close to being operational. Shetland is lucky to have a good culture of community volunteering, with many who give up their time freely to provide opportunities for others to participate in sport. We are hugely grateful to them and to the sports’ National Governing Bodies for their support.



Coach and Volunteer Training

We have worked with a large range of partners to deliver a programme of education for local sports clubs and volunteers. Here are some details of the courses and individuals that participated:

Generic Courses

- Child Wellbeing and Protection in Sport – 44
- Child Wellbeing and Protection Officer training – 9
- Mental Health First Aid – 14
- Nutrition – 122
- Sports Psychology – 85
(Nutrition & Sport Psychology were online courses including Orkney & Western Isles)

Sports Specific

- Football – 26
- Squash – 6
- Table Tennis – 11
- Athletics – 10
- Free Driving – 12



Protection in the Community

This sub group of the Shetland Public Protection committee continues to meet quarterly to discuss different projects, plans and issues surrounding adult and child protection in the community. The group is chaired by our Sports Development Officer who finds the role valuable as it helps in his work as a Child Protection Tutor and facilitator for the Child Wellbeing and Protection in sport courses in Shetland. One of the subgroup aims is to support the creation of an annual workshop for all Shetland sports club Child Protection Officers to support them in their role and share good practice.

**CHILD WELLBEING &
PROTECTION IN
SPORT**

Shetland Sport Awards

We worked with partners at Shetland Recreational Trust, Shetland Times, Ability Shetland and sportscotland to deliver the Shetland Sports Awards in December 2023 – the fairly prestigious event is a fantastic celebration of sport in Shetland.

2023 Shetland Sports Awards Winners

- Sportsperson of the Year** – Seumas Mackay – Athletics
- Young Sportsperson of the Year** – Erin Spence – Netball
- Team of the Year** – Shetland Ladies Hockey Team
- Young Team of the Year** – Junior Inter County Hockey Team
- Coach of the Year** – Derek and Brenda Leask – Hockey
- Volunteer of the Year** – Bob Kerr & Lesley Hutchison – Island Games
- Inclusivity Award** – Phil Hibbert – Fencing
- Lifetime Endeavour Award** – Mandy Henderson – various



Seumas Mackay



Phil Hibbert with Stephanie Bain of Ability Shetland



A very surprised Mandy Henderson giving her acceptance speech

Outdoor Education

Our permanent Outdoor Education team consist of Pete Richardson (Outdoor Education Officer) and Grant Pettigrew (Outdoor Education Worker). Together they provide a range of outdoor adventurous activities for school pupils, youth and community groups, and the general public.

The aim is to connect people to the wild natural landscape and nature of Shetland, to one another and to themselves. At the end of any experience it is hoped that individuals will have a deeper appreciation of their surroundings and of their own ability, through participating in a range of activities, including rock scrambling, hill walking, coasteering, woodland activities and canoeing. Pete and his team deliver the John Muir Award Scheme “explore days” to pupils, which is a nation-wide environmental award focused on wild places, and connecting with, enjoying and caring for the natural environment. It does this through a structured scheme where participants aim to meet four Challenges – Discover, Explore, Conserve and Share. They also support the expedition section of the Duke of Edinburgh Awards Scheme, providing training and assessment of candidates in the necessary skills to undertake overnight camping expeditions.

This year we were delighted to add Paddle Boarding to the activities we can offer.



Activities and numbers:

Coasteering	395
Rocky Journey	267
Canoeing	40
Beach Splash	25
Adventure Journey	437
Woodland Adventure	88
Hill Walk	160
Paddle Boarding	21
TOTAL =	1433

Leisure Facilities

Team Leader – Leisure Facilities, Magnus Malcolmson, and his team have responsibility for the management of a wide range of leisure facilities, including play areas, multi-courts, games halls, grass pitches, bowling green, flower park and a 9-hole golf course.

Play Areas & Multi-courts

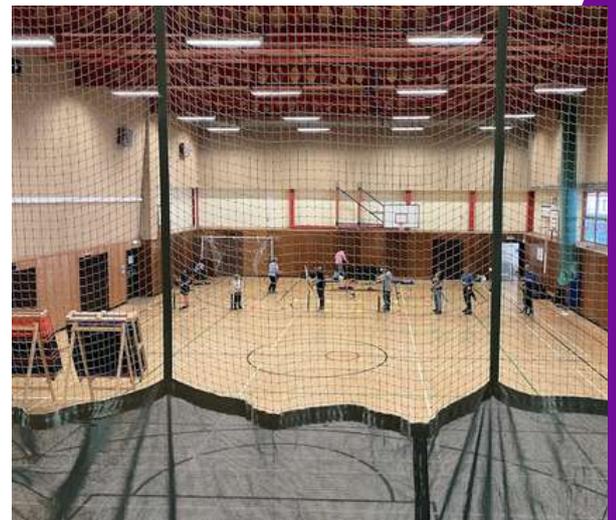
84 Play areas and 24 multi-courts are located within communities from Fair Isle to Haroldswick in Unst. These facilities are regularly inspected and maintained to a high standard and are available for use by all ages and abilities. Scottish Government (Play Park Renewal Programme) funding was provided to install new items of inclusive play equipment at Tingwall, Barclaypark in Whalsay and Mid Yell Junior High School play areas. This programme will continue until 2026, with other future projects proposed across the Isles.



Regular play area maintenance and repair works are carried out in accordance with relevant health & safety requirements.

Games Halls

4 Games Halls are managed by the Sport & Leisure Service: Gilbertson Park, Sandwick, Scalloway and Brae. All are utilised for a range of various sporting and community activities such as badminton, netball, football, volleyball, archery, fencing and numerous fitness classes.



User Figures for Games Halls

4834	Sandwick
7905	Scalloway
4455	Brae
8243	Gilbertson Park, Lerwick

Parks and Pitches

A small team of dedicated grounds staff and gardeners manage and maintain grass sports pitches and gardens within Lerwick. These sports pitches, widely used during the summer months for various sports, help support junior and senior leagues, competitions and training. Facilities, which are all maintained to an excellent standard, include 5 pitches at Clickimin, Gilbertson Park football pitch, Seafield football pitch and the Jubilee Flower Park. Staff also undertake specialist maintenance works on all rural football pitches.

Sports Pitch User Figure:
21,195

Knab Golf Course

Leisure Facilities staff also maintain this well used 9-hole golf course at the Knab in Lerwick. The course is free to use with basic facilities ideal for juniors and beginners. The area is also very popular with walkers and dog owners.



Our Challenges and Moving Forward

Our Challenges

Recruiting and retaining volunteers, especially with less teacher availability and also parents who struggle with activity timings

Gym spaces being used as canteens at lunch times

Volunteers do not feel prepared to deal with behaviour issues etc

Engaging with inactive young people and targeted groups

Supporting Young Ambassadors without a mentor in the school

Aging facilities and reduced maintenance budgets

Our Solutions

- Education & training for volunteers/coaches
- Invite more clubs to work with us and support them with logistics etc
- Utilise and support the Sports Leaders UK qualified young people to volunteer, and use their qualifications and gain confidence
- Develop Volunteer reward and recognition
- Encourage parents to volunteer with smaller time requests and easier roles such as assisting or taking the register
- Be flexible with delivery times for parents, eg can they help after school, evening or before school with "breakfast" clubs

- Offer pre-school sessions (which tend to have good engagement) and outdoor activities where possible at lunchtimes

- Offer training to all volunteers including Disability Inclusion Training and Autism Awareness

- Gather feedback and consult with young people to find out what they want
- Offer blocks of sessions for targeted pupils with school staff helping to identify them

- Encourage secondary schools to identify a teacher who is willing to support
- Set up electronic communications groups for Active Schools Coordinator to keep in touch

- Review number and condition of play areas and multi courts across Shetland
- Continue Play Park Renewal programme
- Seek capital funding to refresh toilets in King George V Play Park

Team Contacts

Executive Manager

Neil Watt

neil.watt@shetland.gov.uk
01595 744046

Active Schools Manager

Louise Jamieson

louise.jamieson@shetland.gov.uk
01595 744050

Active Schools Coordinator (North Isles)

Linda Thomson

linda.thomson@shetland.gov.uk
01595 745669

Active Schools Coordinator (North Mainland)

Danny Peterson

danny.peterson@shetland.gov.uk
01595 744753

Active Schools Coordinator (West Mainland)

Jacqui Murray

jacqui.murray@shetland.gov.uk
01595 744011

Active Schools Coordinator (Central & Whalsay)

Eoin Leask

eoin.leask@shetland.gov.uk
01595 744043

Active Schools Coordinator (South Mainland & Sound)

Jennifer Thomson

jennifer.thomson@shetland.gov.uk
01595 744011

Active Schools Coordinator (Bell's Brae, Whiteness & AHS)

Laura Mackenzie

laura.mackenzie@shetland.gov.uk
01595 744052

Sports Development Officer

Jack Clubb

jack.clubb@shetland.gov.uk
01595 744045

Sport & Physical Activity Officer

Lesley Spence

lesley.spence@shetland.gov.uk
01595 744037

Team Leader - Leisure Facilities

Magnus Malcolmson

magnus.malcolmson@shetland.gov.uk
01595 744047

Outdoor Education Officer

Pete Richardson

pete.richardson@shetland.gov.uk
01595 690684

Outdoor Education Worker 26

Grant Pettigrew

grant.pettigrew@shetland.gov.uk
01595 690684