



SUMMER

ACTIVITIES BOOKLET

SIC SPORT & LEISURE AND PARTNERS



Some Important Information

AGES

Where a school year age is specified for activities, this applies to the school year that your child has just completed.

BOOKING

Where you see this icon, activities can be booked by calling Islesburgh Community Centre on 01595 745100 during reception opening hours (9am to 9pm Mondays to Fridays, 9am to 6pm on Saturdays).



book
with
ICC

BOOKING OPENS ON MONDAY 23rd JUNE AT 10AM

CONSENT FORM

You will be required to complete and return a consent form for all SIC activities in the red-bordered pages (*except Picnic and Play & Pedal Power*). This will be emailed to you after booking. Information will be held for safety purposes only and deleted once the summer programme has ended.

CLOTHING

Parents are responsible for ensuring that children are wearing clothing suitable for outdoors where applicable and the weather conditions on the day. Parents are responsible for administering sun cream if necessary.

COST

ALL activities in our booklet are **FREE!**

CANCELLATION

If you wish to cancel a booked place please contact the organisation or person you made the booking with originally.

Capacity for some activities is limited, and this will enable us to offer the place to another child.



**KEEP AN EYE ON OUR
FACEBOOK PAGE
'SHETLAND SPORT AND LEISURE'
FOR INFORMATION AND ANY
UPDATES ON ACTIVITIES**

PICNIC & PLAY IN THE PARK



A variety of sports and games for all the family. This year again we will be extending activities into the Flower Park where the whole family can have a go at free putting or tennis in the multicourt. Bring your picnic and enjoy your lunch alfresco. Please note that parents/guardians are expected to stay with their children.



**No need to book!
Just turn up!**

WEDNESDAYS
KING GEORGE V PLAY PARK
(King Harald Street, Lerwick)
2nd JULY to 13th AUGUST
11am to 3pm



PICNIC & PLAY IN THE PARK ROADSHOW!

We're taking Picnic & Play in the Park on tour again! Come along with your picnic and enjoy a variety of sports and games for all ages.

Parents/guardians are expected to stay with their children.



**No need to book!
Just turn up!**

11AM-3PM

SANDWICK SCHOOL PITCH
Thursday 3rd July

MID YELL SRT PITCH
Thursday 10th July

AITH SCHOOL PITCH
Thursday 17th July

BRAE ASTROTURF
Thursday 24th July

WHALSAY HARBISON PITCH
Thursday 31st July

SCALLOWAY FRASER PARK
Thursday 7th August

UNST SRT PITCH
Thursday 14th August

**KEEP AN EYE ON OUR SOCIAL
MEDIA TO FIND OUT WHAT
IS HAPPENING EACH WEEK!**

P5-7 BASKETBALL BLAST!

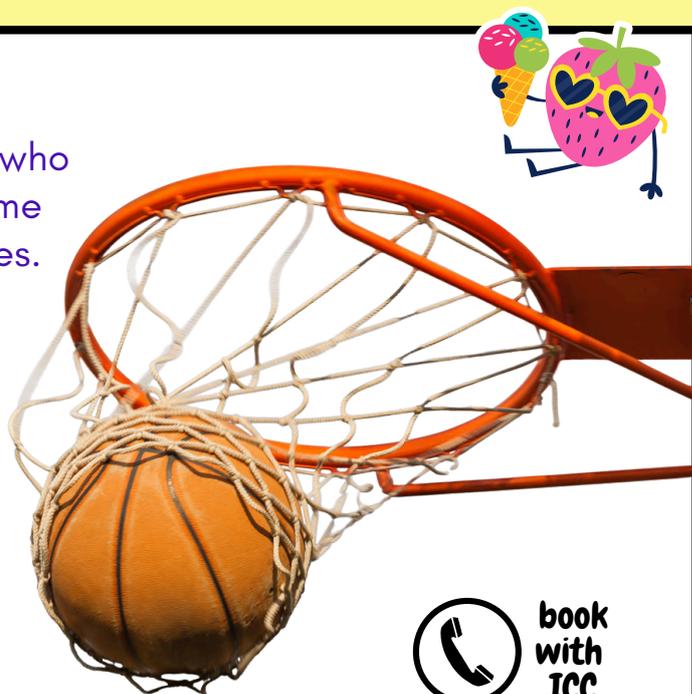
Join in our basketball sessions for pupils who have just completed P5, 6 or 7. Learn some skills in our fun drills and play some games.

ALL 2-4pm

**Friday 11th July
BRAE GAMES HALL**

**Tuesday 15th July
SANDWICK GAMES HALL**

**Tuesday 5th August
SCALLOWAY GAMES HALL**



COME & TRY GOLF AT DA KNAB

Come along to the Knab and have a go at chipping, putting and driving your way around the free 9-hole course. Whether you have played before or are a total beginner, all welcome!

**MEET AT KNAB GATE - CEMETERY SIDE
FRIDAY 8TH AUGUST**

P5-6 PUPILS - 10.00am-12.00noon

P7-S1 PUPILS - 1.00-3.00pm



P7-S2 MIXED NETBALL HAT NIGHTS

Boys and girls are welcome to register for our informal Netball Hat Nights! Teams will be picked on the day to take part in a tournament of short games, with a focus on having fun.

**SCALLOWAY GAMES HALL
WEDNESDAYS 5.30-7.30PM**

2nd JULY

16th JULY

30th JULY

13th AUGUST



FENCING CAMP FOR AGES 8+



Join in our fun two-day fencing camp with Phil from Shetland Fencing Club, and hone your skills with a sword!

BRAE GAMES HALL
Monday 28th July AND
Tuesday 29th July
10.00-12.00am

WEST MAINLAND LEISURE CENTRE, AITH
Monday 28th July AND
Tuesday 29th July
2.00-4.00pm

GILBERTSON PARK GAMES HALL,
LERWICK
Monday 11th August AND
Tuesday 12th August
10.00-12.00am



book
with
ICC



PEDAL POWER!

All the family are welcome to cycle freely on the new path at Gilbertson Park or try out our fun bike skills obstacle course! Bring your bike and helmet if you have one - there will be a limited number available to borrow.



GILBERTSON PARK
TUESDAYS 10.00-12.00
8th JULY
29th JULY

Just turn up, no need to book

LERWICK SUMMMER CYCLE

Sunday 24th August
2.00-4.00pm
KING GEORGE V
PLAY PARK

Come join us and enjoy a chance for the whole family to cycle on closed roads around Lerwick!

BRING YOUR BIKE AND HELMET

(Some bikes and helmets will be available to borrow)



Wide range of adapted bikes available for children and adults with ASN

FUN BIKE SKILLS OBSTACLE COURSE IN PLAY PARK
NO BIKES WITH STABILISERS



IN THE FLOWER PARK



TEAS



(operated by Relay for Life Shetland)

FREE TENNIS



FREE PUTTING



KEEP AN EYE ON OUR FACEBOOK PAGE FOR UPDATES AND ONLINE REGISTRATION OPENING!
FACEBOOK = SHETLAND SPORT AND LEISURE



NORTH ISLES SUMMER ACTIVITY PROGRAMME

Thursday 17th July
Yell Leisure Centre
10:30 - 3:00 pm

Activities:
Swimming, Sports
Fun Activities
AA Fired Up

Thursday 24th July
Yell Leisure Centre
10:30 - 3:00 pm

Activities:
Swimming, Sports
Fun Activities
Yoga & Crafts

Tuesday 29th July
Unst Leisure Centre
10:30 - 3:00 pm

Activities:
Swimming, Sports
Fun Activities
& Glansin Glass

Tuesday 5th August
Unst Leisure Centre
10:30 - 3:00 pm

Activities:
Swimming, Sports
Fun Activities,
Rugby & Drama

Important info:

for ages primary 1 - primary 7

Places must be booked with kate@northyell.co.uk

Transport is available between islands so Bairns can attend all activities

Bairns will need water, pack lunch and swimming stuff



North Yell
Development
Council



SHETLAND
ISLANDS COUNCIL



Shetland
FaMiLY
Centre

**FREE
ENTRY**

JOIN US FOR OUR SUMMER 2025

PEEP ON TOUR

**FREE PLAY SESSIONS
FOR 0-5YR OLDS,
PARENTS & CARERS**

PEEP SESSIONS ARE A GREAT OPPORTUNITY
TO MEET OTHER FAMILIES, SHARE IDEAS AND
SUPPORT CHILDREN'S LEARNING
THROUGH EVERYDAY
PLAY ACTIVITIES

**MONDAY 7 JULY
CUNNINGSBURGH HALL**

**WEDNESDAY 16 JULY
VOE HALL**

**FRIDAY 25 JULY
AITH HALL**

**MONDAY 28 JULY
TINGWALL HALL**

**NO NEED TO BOOK
FOR MORE INFO
PHONE
01595 745400**

**ALL SESSIONS
10.30AM-12PM**

Shetland
FaMiLY
Centre



Visit our website



ALL WELCOME

**Shetland
FaMiLY
Centre**

FACEPAINTS

SHETLAND FAMILY CENTRE

OPEN MORNING

Wednesday 13 August 2025

10AM-12.30PM

TATTOOS



Refreshments available

**SHETLAND FAMILY CENTRE,
28 BURGH ROAD, LERWICK**

**COME ALONG AND FIND
OUT MORE ABOUT THE
FAMILY CENTRE**

**LOTS OF FUN
CHILDREN'S
ACTIVITES**



**The
Incredible
Years®**

peep

Triple P
Positive Parenting Program
for every parent

VISIT WWW.FACEBOOK.COM/SHETLANDFAMILYCENTRE FOR MORE INFORMATION

Summer

Shetland Library

Activities



Shetland Library
Shetland Islands Council

LOVE
YOUR
LIBRARY

No need to book – just drop in and join the fun!

 **Colouring Competition**
– Show us your artistic flair

 **Scavenger Hunt** – Can you find all the hidden clues around the library?



Download our apps!



Summer Shetland Library Activities



Shetland Library
Shetland Islands Council

Reading

 **Join the Summer Reading Challenge!**

We've got TWO exciting challenges running:

- ★ One for children
- ★ One for teens & adults

It's FREE to join and you could win a prize at the end - just for reading books you love!

Come along to sign up!

Activity Room

 **Open All Summer!**

Our Activity Room will be available for families to enjoy (unstaffed). Drop in anytime to:

- ★ Get creative with craft activities
- ★ Explore games and fun challenges





Free Cycling Lessons

Mondays
10-2PM

Gilbertson Park

June 30th, July 7th, 14th, 21st & 28th

- One to one lessons for complete beginners and improvers
- Bikes and helmet provided
- All ages welcome

Contact andrew.campbell@cyclinguk.org to book



FREE Swimming Taster Sessions

Come and try with our club – no
need to book

On Saturday 2 August 9-10am and/or

Saturday 9 August 9-10am

At Clickimin Pool

Must be able to swim 25m/1 length



Scottish
Swimming

Lerwick ASC

WINNER Club of the Year 2023



MICHAELSWOOD

Community woodland in
Aith – with picnic
facilities, children's play
areas and a Dinosaur Trail.



Don't forget to check out

- Kevin the Minion
- the Library in the Sky!
- the Pirate ship
- the Bird Hide
- fantastic views over Aith Voe



OPEN ALL DAY EVERY DAY
DONATIONS TOWARDS UPKEEP ARE WELCOME



BEACH EXPLORERS

IN THE SUMMER HOLIDAYS



THURSDAYS 10AM - 12PM



3rd July - Sandsayre, Sandwick

10th July - Norwick Beach, Unst

17th July - Sand Beach, Sand

24th July - St Ninians, Bigton

31st July - Nort Voe Beach, Whalsay

7th August - Meal Beach, Burra

14th Aug - Scousburgh Sands, Spiggie



Join us outdoors as we explore Shetland beaches with family-friendly activities to inspire learning and nature connection

DONATIONS WELCOME

Summer Family Fun!

SHETLAND MUSEUM AND ARCHIVES. HAY'S DOCK, LERWICK



Summer Family Fun Days

DROP IN EVENT 10.00am to 1.00pm

FREE

Themed family activity days that tie in with our collections.

Each theme will include a trail through our galleries, arts & crafts, short family-friendly tours, items & artefacts to handle and demonstrations from our friendly team here at the museum!

8 JULY: MARITIME

25 JULY: PEOPLE OF THE PAST

13 AUGUST: CROFTING



Activity Trails

NEW THEME EACH WEEK!

Explore the museum galleries and find hidden clues to complete our fun, dialect inspired activity trails - suitable for the whole family!



FREE

Croftouse Museum

Family Fun Day

DUNROSSNESS

15 July

10.00am to 1.00pm

FREE

Step back in time for this unforgettable experience to enter the 19th century Croftouse Museum and garden for a day of fun, crafts, history and much more! Please note this is an outdoor event.

DROP IN EVENT



Old Scatness

Family Fun Day

7 August

10.00am to 1.00pm

FREE

Join us for this exciting opportunity to see Shetland's Iron age Broch and village for a day of crafts, tours, storytelling and much more! Please note this is an outdoor event and is run by guided tour only. Children must be accompanied by an adult.

DROP IN EVENT





END OF SUMMER FAMILY FUN DAY

FUN FOR ALL THE FAMILY

CLICKIMIN LEISURE CENTRE

AUGUST 8TH 2025

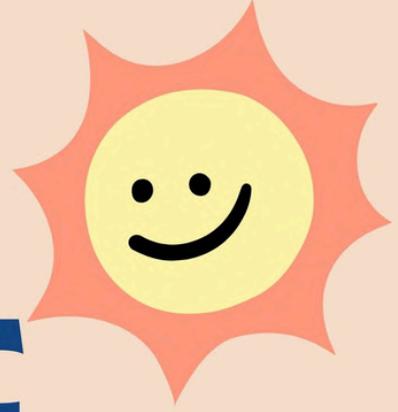
10:30AM-12:30PM

PLAYZONE
ARTS AND CRAFTS
SENSORY ACTIVITIES
FOOD AND DRINKS

DROP IN ANY TIME



COME TRY A CYCLE



**COME ALONG AND TRY OUR RANGE OF ADAPTED
CYCLES: TANDEM, WHEELCHAIR BIKES,
TRIKES AND MORE!**

**EVENT
POSTPONED**

~~28TH JUNE (HAPPYHANSEL SCHOOL) 12 - 2PM~~

12TH JULY (CLICKIMIN) 1 - 2 PM

24TH AUGUST (SUMMER CYCLE, LERWICK) 2-4PM

13TH SEPTEMBER (CLICKIMIN) 1 - 2 PM



parkrun

Free, weekly, 5km timed run/walk for all ages and abilities.

Bressay parkrun

Every Saturday 9:30am (9am Ferry)

- STEP 1** Register for **FREE** at www.parkrun.org.uk
- STEP 2** Print out your unique barcode
- STEP 3** Turn up with your barcode, run or walk and have fun!

Don't want to/can't run, jog or walk? Why not help others by volunteering?
Or join us at the Speldiburn Cafe afterwards?



**SUMMER
HOLIDAY**

HOCKEY FESTIVAL

P4-7

Turn up & play

FREE

@ BRAE PITCH

OPEN TO:

**2024-2025
P4-7 pupils**

- All abilities
- All schools
- Girls & Boys

- No equipment needed
- Suitable footwear:
trainers, astro boots, NO
studs

**11-1PM
AUG 3RD**

FOR MORE INFORMATION



@JULIA HALCROW



07825650362