

AITH JUNIOR HIGH SCHOOL - MENU 2025/26

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Baked tatties with a choice of fillings *** Ham salad including pineapple, egg & coleslaw	Homemade chicken korma *** Puff pastry cheese & tomato pinwheels	Chicken noodle soup with filled wraps *** Pasta Arrabiata with garlic bread	Homemade mince and tatties *** Homemade tattie & bean pie	Locally caught breaded haddock *** Mozzarella sticks
Also available	Mixed salad Beans Seasonal vegetables	Rice Mixed salad Seasonal vegetables	Mixed salad Garlic bread Seasonal vegetables	Tatties Mixed salad Seasonal vegetables	Chips Peas Carrots
Dessert	Fruit selection Cheese with water biscuits or oat cakes	Fruit selection Yogurt	Fruit selection Fruit crumble with custard	Fruit selection Yogurt	Homemade muffin Fruit selection

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Homemade cheese and tomato pizza *** Macaroni cheese	Homemade spaghetti bolognaise *** Vegetable dippers	Homemade smoked haddock fish cakes *** Stir-fried vegetable noodles with sweet & sour sauce	Roast chicken with stuffing & gravy *** Vegetarian sausage roll	Homemade salmon & mackerel bites *** Pasta with a choice of toppings
Also available	Chips Mixed salad Seasonal vegetables	Spaghetti Seasonal vegetables Beans	Salad Seasonal vegetables Mixed salad	Roast tatties Mixed salad Seasonal vegetables	Pasta Mixed salad Seasonal vegetables
Dessert	Fruit selection Yogurt	Homemade shortbread Fruit selection	Upside-down cake Fruit selection	Fruit selection Yogurt	Fruit selection Chocolate crispie with custard

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Sausage rolls *** Homemade cheese quiche	Chicken fajitas *** Homemade Quorn chilli con carne	Meatballs in tomato sauce *** Picnic platter including boiled egg, cucumber, tomatoes, pineapple, oatcake, carrot sticks and hummus	Homemade lamb burger in a roll *** Homemade cheese and bean puff	Locally caught breaded haddock *** Lentil soup with sandwiches & wraps
Also available	Tattie wedges Beans Mixed salad	Rice Mixed salad Seasonal vegetables	Pasta Seasonal vegetables Mixed salad	Beans Mixed salad Seasonal vegetables	Chips Peas Mixed salad
Dessert	Fruit selection Chocolate custard with pears	Fruit selection Yogurt	Lemon sponge custard Fruit selection	Fruit selection Yogurt	Ice-cream Fruit selection