

BALTASOUND JUNIOR HIGH SCHOOL - MENU 2025/26

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Homemade chicken curry *** Pasta with a choice of toppings	Puff pastry cheese & tomato pinwheels *** Picnic platter including boiled egg, cucumber, tomatoes, pineapple, oatcake, carrot sticks and hummus	Locally caught breaded haddock *** Homemade tattie & bean pie	Homemade soup with filled wraps *** Homemade cheese and tomato pizza	Homemade spaghetti bolognese *** Macaroni cheese
Also available	Rice Mixed salad Garlic bread	Tattie wedges Mixed salad Seasonal vegetables Pasta	Chips Mixed salad Seasonal vegetables Pasta	Stir-fried noodles Mixed salad Seasonal vegetables	Mixed salad Garlic bread Seasonal vegetables
Dessert	Homemade muffin Fruit selection	Fruit selection Homemade sponge and custard	Fruit selection Yogurt	Homemade Cookie Fruit selection	Fruit selection Yogurt

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Homemade soup with filled rolls *** Beans on toast	Homemade mince and tatties *** Baked tatties with a choice of fillings	Locally caught breaded haddock *** Mozzarella sticks	Roast chicken with stuffing & gravy	Sausage rolls *** Homemade cheese and bean puff
Also available	Mixed salad Seasonal vegetables Pasta	Tatties Mixed salad Seasonal vegetables Pasta	Chips Mixed salad Seasonal vegetables Pasta	Tatties Mixed salad Seasonal vegetables Pasta	Tattie wedges Mixed salad Beans Pasta
Dessert	Homemade cupcakes Fruit selection	Homemade biscuits Fruit selection	Fruit selection Yogurt	Coco crispies Fruit selection	Fruit selection Yogurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Baked tatties with a choice of fillings *** Teriyaki chicken	Homemade chicken goujons with katsu curry sauce *** Stir- fried vegetable noodles with sweet & sour sauce	Homemade fishcakes *** Homemade salmon & mackerel bites	Homemade pizza pinwheel rolls *** Lentil soup with sandwich selection	Pork sausages *** Tomato pasta
Also available	Mixed salad Seasonal vegetables Rice	Tattie wedges Rice Seasonal vegetables Mixed salad	Chips Mixed salad Seasonal vegetables Pasta	Garlic bread Mixed salad Seasonal vegetables Noodles	Mixed salad Tatties Pasta Seasonal vegetables
Dessert	Homemade shortbread Fruit selection	Ice cream Fruit selection	Fruit selection Yogurt	Upside down cake Fruit selection	Fruit selection Yogurt