

MID YELL JUNIOR HIGH SCHOOL - MENU 2025/26

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	<p>Chicken curry</p> <p>***</p> <p>Pasta with a choice of toppings</p>	<p>Macaroni cheese</p> <p>***</p> <p>Picnic platter including boiled egg, cucumber, tomatoes, pineapple, oatcake, carrot sticks and hummus</p>	<p>Pork & apple burger</p> <p>***</p> <p>Homemade tattie & bean pie</p>	<p>Puff pastry cheese & tomato pinwheels</p> <p>***</p> <p>Chicken noodle soup with filled wraps</p>	<p>Locally caught breaded haddock</p> <p>***</p> <p>Homemade cheese and tomato pizza</p>
Also available	<p>Rice</p> <p>Mixed salad</p> <p>Beans</p>	<p>Mixed salad</p> <p>Seasonal vegetables</p> <p>Wedges/Pasta</p>	<p>Garlic bread</p> <p>Mixed salad</p> <p>Seasonal vegetables</p> <p>Pasta</p>	<p>Mixed salad</p> <p>Seasonal vegetables</p> <p>Pasta</p>	<p>Mixed salad</p> <p>Seasonal vegetables</p> <p>Chips</p>
Dessert	<p>Fruit selection</p> <p>Homemade Cookie</p>	<p>Fruit selection</p> <p>Yogurt</p>	<p>Fruit selection</p> <p>Homemade muffin</p>	<p>Fruit selection</p> <p>Yogurt</p>	<p>Fruit selection</p> <p>Sponge & custard</p>

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	<p>Sausage rolls</p> <p>***</p> <p>Homemade cheese and bean puff</p>	<p>Homemade mince and tatties</p> <p>***</p> <p>Mozzarella sticks</p>	<p>Roast chicken with stuffing & gravy</p> <p>***</p> <p>Homemade macaroni pie</p>	<p>Baked tatties with a choice of fillings</p> <p>***</p> <p>Baked beans on toast</p>	<p>Locally caught breaded haddock</p> <p>***</p> <p>Tomato soup and a selection of sandwiches</p>
Also available	<p>Tattie wedges</p> <p>Mixed salad</p> <p>Beans</p>	<p>Tatties/pasta</p> <p>Mixed salad</p> <p>Seasonal vegetables</p>	<p>Mixed salad</p> <p>Roast tatties</p> <p>Seasonal vegetables</p>	<p>Mixed salad</p> <p>Coleslaw</p> <p>Seasonal vegetables</p>	<p>Mixed salad</p> <p>Chips</p> <p>Seasonal vegetables</p>
Dessert	<p>Homemade biscuits</p> <p>Fruit selection</p>	<p>Yogurt</p> <p>Fruit selection</p>	<p>Coco crispies</p> <p>Fruit selection</p>	<p>Yogurt</p> <p>Fruit selection</p>	<p>Cup cakes</p> <p>Fruit selection</p>

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Chicken wraps *** Baked tatties with a choice of fillings	Homemade steak pie *** Stir-fried vegetable noodles with sweet & sour sauce	Chicken goujons *** Tomato pasta	Meatballs with tomato sauce *** Lentil soup with filled rolls/wraps/sandwiches	Salmon fishcakes *** Homemade pizza pinwheel rolls
Also available	Mixed salad Seasonal vegetables Rice	Pasta/Tatties Seasonal vegetables Mixed salad	Noodles/Rice Seasonal vegetables Mixed salad	Garlic bread Mixed salad Seasonal vegetables Pasta	Mixed salad Tattie wedges Beans
Dessert	Fruit selection Ice cream	Fruit selection Yogurt	Fruit selection Shortbread	Fruit selection Yogurt	Fruit selection Upside down cake