

SOUND SCHOOL - MENU 2025/26

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Homemade chicken curry *** Pasta with a choice of toppings	Puff pastry cheese & tomato pinwheels *** Picnic platter including boiled egg, cucumber, tomatoes, pineapple, oatcake, carrot sticks and hummus	Homemade pasta bolognaise *** Homemade tattie & bean pie	Locally caught breaded haddock *** Homemade cheese and tomato pizza	Macaroni cheese *** Chicken noodle soup with a selection of filled wraps
Also available	Mixed salad Rice Beans	Mixed salad Seasonal vegetables Tattie wedges/Pasta	Garlic bread Mixed salad Seasonal vegetables Pasta	Mixed salad Seasonal vegetables Chips	Mixed salad Seasonal vegetables Pasta
Dessert	Fruit selection Homemade Cookie	Fruit selection Yogurt	Fruit selection Homemade muffin	Fruit selection Yogurt	Fruit selection Homemade sponge & custard

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Homemade mince and tatties *** Homemade tomato soup with a selection of sandwiches/wraps/rolls	Locally caught breaded haddock *** Mozzarella sticks	Roast chicken with stuffing & gravy *** Homemade macaroni pie	Baked tatties with a choice of fillings *** Beans on toast	Sausage rolls *** Homemade cheese and bean puff
Also available	Mixed salad Seasonal vegetables Tatties	Mixed salad Seasonal vegetables Chips	Mixed salad Seasonal vegetables Roast tatties	Mixed salad Seasonal vegetables Coleslaw	Mixed salad Tattie wedges Beans
Dessert	Fruit selection Homemade biscuits	Fruit selection Yogurt	Fruit selection Coco crispies & custard	Fruit selection Yogurt	Fruit selection Cupcakes

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Teriyaki chicken *** Baked tatties with a choice of fillings	Chicken goujons with katsu sauce *** Stir- fried vegetable noodles with sweet & sour sauce	Homemade steak pie *** Tomato pasta	Homemade salmon fishcakes *** Homemade pizza pinwheel rolls	Meatballs with tomato sauce *** Homemade lentil soup with a selection of wraps, rolls/sandwiches
Also available	Mixed salad Seasonal vegetables Rice	Mixed salad Seasonal vegetables Noodles/Rice	Mixed salad Seasonal vegetables Pasta/Tatties	Mixed salad Tattie wedges Beans	Garlic bread Mixed salad Seasonal vegetables Pasta
Dessert	Fruit selection Ice cream	Fruit selection Yogurt	Fruit selection Homemade shortbread	Fruit selection Yogurt	Fruit selection Upside down cake & custard