

TINGWALL SCHOOL - MENU 2025/26

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Sausage rolls ***	Homemade burger in a bun ***	Chicken fajitas ***	Locally caught breaded haddock ***	Homemade lamb bolognaise ***
	Homemade tattie & bean pie	Tomato pasta	Homemade cheese and tomato pizza	Homemade soup with a sandwiches selection	Pasta with a choice of toppings
Also available	Mixed salad Beans Seasonal vegetables	Tattie wedges Mixed salad Seasonal vegetables	Mixed salad Pasta Seasonal vegetables	Chips Mixed salad Seasonal vegetables	Mixed salad Garlic bread Seasonal vegetables
Dessert	Fruit selection	Fruit selection	Homemade muffin	Fruit selection	Fruit selection
	Homemade Cookie	Yogurt	Fruit selection	Yogurt	Homemade sponge & custard

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Baked tatties with a choice of fillings ***	Pork sausages ***	Roast chicken with stuffing & gravy ***	Homemade mince and tatties ***	Locally caught breaded haddock ***
	Macaroni cheese	Mozzarella sticks	Homemade soup with a sandwiches selection	Beans on toast	Vegetable dippers
Also available	Mixed salad Garlic bread Seasonal vegetables	Tattie wedges Seasonal vegetables Beans	Roast tatties Mixed salad Seasonal vegetables	Tatties Mixed salad Seasonal vegetables	Pasta Mixed salad Seasonal vegetables
Dessert	Fruit selection	Fruit selection	Fruit selection	Fruit selection	Fruit selection
	Coco crispies	Homemade sponge & custard	Yogurt	Cupcakes	Yogurt

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choices	Sausage rolls *** Tomato pasta	Homemade chicken curry *** Baked tatties with a choice of fillings	Pork Meatballs *** Stir- fried vegetable noodles	Homemade salmon fishcakes *** Homemade cheesy pinwheels	Chicken goujons *** Lentil soup with sandwiches & wraps
Also available	Tattie wedges Beans Mixed salad	Rice Mixed salad Seasonal vegetables	Pasta Seasonal vegetables Mixed salad	Beans Mixed salad Seasonal vegetables	Chips Peas Mixed salad
Dessert	Fruit selection Homemade biscuit	Fruit selection Yogurt	Chocolate sponge custard Fruit selection	Fruit selection Yogurt	Ice-cream Fruit selection