

Variety of
vegetables,
salad, fruit and
yogurts
available daily.

Week One Menu



MONDAY

Macaroni Cheese (V)

Baked Tatties with various
fillings (V)(Ve)

Broccoli/Carrots/Baked Beans

Peach Melba Crunch

TUESDAY

Smash Burger (beef) in a bun

Buffalo Cauliflower Wings (Ve)

Tattie Wedges/Corn
Cobs/Baby carrots

WEDNESDAY

Rainbow Lasagne with Garlic
Bread (V)

Lentil Soup (Ve) with Sandwich
Selection

Sweetcorn/Whole Green Beans

THURSDAY

Homemade Cheese Pizza (V)

Breaded Fish

Chips/Beetroot/Peas

Vanilla Cupcake (V)

FRIDAY

Pork Sausages

Golden Spanish Rice (Ve)

Mashed Tatties, Baked Beans,
Mixed Veg

Allergies

Pupils with Special Dietray
requirements should complete the
SDR form online. All options on the
menu will be tailored where
appropriate to meet these dietary
needs.



SHETLAND
ISLANDS COUNCIL

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Week Two Menu



MONDAY

Mediterranean Pasta (Ve)

Roasted Vegetable Fajita Wrap
(V)

Baked Beans/Baby Carrots

TUESDAY

Veg and Rice Soup (Ve) with
Filled Wraps

Broccoli and Cheese Crustless
Quiche (Ve)

Whole Green Beans/Sweetcorn

Tropical Flapjack (Ve)

THURSDAY

Quorn Turkish pasta
(Ve)

Breaded Fish

Coleslaw/ Chips/ Peas

Fruity Jelly (Ve)

FRIDAY

Baked Shetland Salmon

Mozzarella sticks (V)

Diced Potato/ Broccoli/ Diced
Carrots

WEDNESDAY

Chicken Goujons

Lentil Dal with
Speckled basmati Rice (V)

Sweet Potato Fries/ Corn
Cobs/baked beans

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Week Three Menu



MONDAY

Tomato Soup or lentil soup (Ve)
with Various Filled Rolls

Creamy Carrot and Courgette
Spaghetti (Ve)

Broccoli/ Sweetcorn

TUESDAY

Chicken Fajitas

Homemade Cheese Pizza (V)

Potato Wedges/ Corn Cobs/
Peas

Shortbread Biscuit (Ve)

WEDNESDAY

Chinese veggie
noodles (V)

Beef Bolognaise with Pasta

Baby Carrots/ Whole Green
Beans/ Rice

THURSDAY

Breaded Fish

Various filled Baked tatties (V)

Beetroot/ Peas/ Sweetcorn

Whip with Mandarins (V)

FRIDAY

Pork Sausage Roll

Lentil, Sweet Pot & Spinach
Curry (Ve)

Chips/ Baked Beans/ Broccoli

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Week Four Menu



MONDAY

Smooth Vegetable Soup (Ve)
Sandwiches

Savoury Sausage Roll (Ve)

Carrots/ Sweetcorn

Ice Cream (V)

TUESDAY

Indian Spiced Chickpea and
Veggie Roll (Ve)

Pork Meatballs in Tomato
Sauce

Mixed
Vegetables/Pasta/broccoli

WEDNESDAY

Cheese and Tomato Pizza Rolls
(V)

Sweet Potato and mackerel
cakes

Baked Beans/sweetcorn

THURSDAY

Mexican Bean Burrito (Ve)

Minced beef in gravy

Mashed tatties/rice/Green
Beans/ Sliced Carrots

Apple Muffin (Ve)

FRIDAY

Chicken Curry

Cheese Quesadilla (V)

Peas/ baby carrots/ Rice

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