



Seaweed



Seaweed can be used for lots and lots of things!

Crofters burned seaweed to spread on their soil - it helps the crops grow! Imagine the smell of burning seaweed!

Some people eat seaweed - they cook it up in their meals!

Sometimes seaweed is used for helping wounds to heal.

In the winter, you can sometimes see sheep down at the beach eating seaweed!

