**Staff Briefing 2 –** FOOD 30 November 2020 v3

**Access to food**

**Options for anyone who is struggling to access food, for whatever reason – available across Shetland**

* **Shetland Food Bank -** Shetland Foodbank provides support to people who are in crisis. As well as providing emergency food, Shetland Foodbank can provide essentials like washing powder, nappies and sanitary products. Shetland Food Bank is operating as normal. Referral from a service to the Foodbank is required. Contact: [info@shetland.foodbank.org.uk](mailto:info@shetland.foodbank.org.uk)
* **Food for the Way -** Food for the Way is providing food parcels to anyone that contacts them, primarily within Lerwick. Contact: [foodfortheway@gmail.com](mailto:foodfortheway@gmail.com) or 01595 692874. No referral is required.
* **Gluten Free Food Service -** This is a prescription service available only to people with an established diagnosis of Coeliac disease and herpetiform dermatitis. Individuals are signed up for the service when diagnosed. <https://www.shb.scot.nhs.uk/departments/dietetics/gffs.asp>

**Options for anyone who is struggling to access food, for whatever reason – available in different areas of Shetland**

* **Brae Foodbank -** The best way to find out when it is open is to use the Brae Gospel Hall facebook page. The Brae Foodbank is willing to deliver throughout Northmavine, Delting and Vidlin. No referral is necessary. Contact: 07796 807 265
* **Unst Fair Food Fund -** The Unst Fair Food Fund is providing food and electricity vouchers to anyone facing difficulty in affording these items. This assistance can be accessed directly through the Unst Community Council or Unst Partnership Ltd. Contact: [up@unst.org](mailto:up@unst.org) / clerk@unstcc.shetland.co.uk or 01957 711495 / 711554. All requests will be treated in confidence.
* **Food Larders –** food support available across Shetland for any family experiencing financial hardship.  Confidential requests can be made via your child’s local school, or you can contact the service direct by emailing [anchor@shetland.gov.uk](mailto:anchor@shetland.gov.uk) or 01595 745242.  As well as food, also provides gluten-free items, washing powder, cleaning products, nappies and toiletries.   Where possible deliveries will be made to the local school for collection by the family. Assistance with delivery to a household, if this is not an option.
* **Other areas of Shetland** – Community Anchor Organisations operated across Shetland from April to September 2020. Not all of these will be continuing, or continuing to provide emergency food. For information on different areas of Shetland, please contact the relevant Community Development Worker:

**Roselyn Fraser:** Community Involvement and Development Officer (Central Mainland, West Mainland, Whalsay, Foula and Papa Stour)

[Email: roselyn.fraser@shetland.gov.uk](mailto:roselyn.fraser@shetland.gov.uk) / Telephone: 01595 743879  
Community Councils covered: Scalloway; Burra and Trondra; Tingwall, Whiteness and Weisdale; Sandness and Walls; Sandsting and Aithsting; Whalsay

**Pat Christie**

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Email:   [patricia.christie@shetland.gov.uk](mailto:patricia.christie@shetland.gov.uk) / Telephone: 01595 745363  
Community Councils covered:  Lerwick; Bressay; Skerries

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**Ana Arnett**

Community Involvement and Development Officer (North Mainland, South Mainland and Fair Isle)  
Email:

[ana.arnett3@shetland.gov.uk / Telephone: 01595 744532 or 07392120678](mailto: ana.arnett3@shetland.gov.uk / Telephone: 01595 744532 or 07392120678)

Community Councils covered: Northmaven; Delting; Nesting and Lunnasting; Gulberwick, Quarff and Cunningsburgh; Sandwick, Dunrossness

**Options for any Community Anchor Organisations who have been supporting people to access food – available across Shetland**

If you’ve been supporting households by providing food, but are no longer able to do so, there are a number of options, including Food Bank parcel delivery or arranging for parcels or Fare Share food to be available within your community. To discuss options, contact the Council, via Neil Beattie or Emma Perring, in the first instance: [neil.beattie@shetland.gov.uk](mailto:neil.beattie@shetland.gov.uk) / 01595 744129 / [emma.perring@shetland.gov.uk](mailto:emma.perring@shetland.gov.uk) / 01595 744537.

The Community and Third Sector Recovery Programme and funds that sit within this is available to organisations who require support to recover, adapt and thrive: <https://scvo.org.uk/support/coronavirus/funding/scottish-government/community-recovery>

**British Red Cross**

**Organisations to support**

**Three Day Emergency Food packages** - these are available for individuals who are:

• Are isolating due to symptoms of COVID-19

• Those individuals who have no other support network to assist them access food provisions

• Those who have no ability or capacity to do online shops/over the phone orders locally

• Those individuals who normally have family/friends support but for a (short) period of time they have a gap in support due to the impact of the pandemic on their network

**Collecting shopping –** The BRC can support people by collecting their click and collect or over the phone shopping, if there are no other options available to them. Priority is given to those who are high risk, shielding, those with vulnerabilities in the community and those with no other means of support.

**In-person shopping options –** The BRC can support those in crisis to access food through their ‘in-person’ shopping support. The BRC regular staff and volunteers can cash handle £35 per individual/£75 per family, available for shopping in any grocery store. Priority is given to those who are in a crisis situation, high risk, shielding, those with vulnerabilities in the community and those with no other means of support.

**For those without cash** – the BRC can undertake shopping in-store at the Co-op and Tesco and have a system to enable payment over the phone if possible without the need for the BRC to cash handle - particularly good for those with cards but no accessible cash. The BRC also have several shopping options they can use and explore with referred individuals to meet their immediate needs.

Contact: 07738 944547, Manager

**Royal Voluntary Service**

The RVS teams can deliver essential food and medication to those in need. A shopping service is also available with the method of payment determined with the client before it is undertaken.

Although the RVS primarily support the older person over 55, they are willing to support anyone who is identified as having a need at this time.

These services can be accessed directly through the RVS or by contacting the local officer by telephone on 01595 743914 or by email at [shetlandsupport@royalvoluntaryservice.org.uk](mailto:shetlandsupport@royalvoluntaryservice.org.uk)