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| Executive Manager: Denise Bell | | Human Resources |
| **Director of Corporate Services: Christine Ferguson** | | **Corporate Services Department** |
| **Information Bulletin - For circulation to all Council employees**  **COVID-19 HR Bulletin No: 01-22** | | 8 North Ness  Lerwick  Shetland  ZE1 0LZ  Telephone: 01595 744032  Fax: 01595 744585  HumanResources@shetland.gov.uk  www.shetland.gov.uk  If calling please ask for  Human Resources  Direct Dial: 01595 744032  Email: SIChumanresources@shetland.gov.uk |
| Our Ref: db\_covid19 HR Bulletins | | Date: 07.01. 2022 |
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**Changes to self-isolation rules**

### Hello Colleagues, Happy New Year to you all. You will be aware that the First Minister made a statement this week, [Coronavirus (COVID-19) update: First Minister's statement – 5 January 2022](https://www.gov.scot/publications/coronavirus-covid-19-update-first-ministers-statement-5-january-2022/) on changes to self-isolation.

### A set of Frequently Asked Questions has been produced by NHS Inform and are attached to this Bulletin for your information as Appendix A. They will also be published on the COVID 19 Information for Staff site - [Coronavirus information for staff – Shetland Islands Council](https://www.shetland.gov.uk/coronavirus/coronavirus-information-staff)

As a result of changes to the Covid-19 self-isolation guidance for the general population, the Scottish Government has also updated the Policy Framework to the self-isolation guidance for Health and Social Care Staff. This is attached at Appendix B and will also be published on the COVID -19 intranet site. The revised policy document sets out the conditions which will enable Health and Social Care staff who are COVID-19 index cases (confirmed as positive cases), or contacts of a positive COVID-19 case to exit isolation early in line with updated guidance for the general population.

If you would like more information, please go to NHS Inform: <https://www.nhsinform.scot/illnesses-and-conditions/infections-and-poisoning/coronavirus-covid-19/test-and-protect/coronavirus-covid-19-guidance-for-households-with-possible-coronavirus-infection>

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| Please make sure this Bulletin is circulated to all relevant employees in your service including those who may not have access to e-mail through work or are currently on leave including sick leave and maternity leave. |

*(Signed: Denise Bell)*

Executive Manager – Human Resources

Appendix A: Self-isolation Changes FAQs

Appendix B: Policy Framework on Return To Work For Health And Social Care Staff Following Close Contact With A Positive Covid-19 Case