



SIC Sport & Leisure ANNUAL REPORT

2021-22



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Introduction

SIC Sport & Leisure Service oversees the running of the council's games halls, play areas, multi courts, pitches, Islesburgh Community Centre and its hostel. The service also includes the delivery of Active Schools, an Outdoor Education programme, Sports Development and targeted support for families and people in need. Active Schools is a national programme, jointly funded through Sportscotland and local authorities. Its aims are to provide opportunities for pupils to participate in sport and physical activity activities in extra-curricular time, to enhance and encourage leadership skills and to develop a network of volunteers to support the delivery of the programme.

Foreword

Welcome to our Annual Report covering the academic year from 2021-2022. As always, the team have been working hard and we are delighted with the progress of our post-pandemic recovery. It has been fantastic to organise and deliver a programme of school sport competition once again, including some off-island competition in netball and badminton where our pupils made us very proud!

The team have also been involved with three new working groups which have been created through the Active Shetland Strategy. The three strands focus on 'Supporting the Inactive to Become Active', 'Poverty and Inclusion in Sport', and 'Being Active Outdoors'. The groups have met regularly and generated some interesting and positive discussions and action plans. Equality, Diversity and Inclusion has become the focus for sportscotland and lies at the heart of their corporate strategy 'Sport for Life'. We are proud of the work and progress that has been achieved by our team around inclusion, and we look forward to developing this work into the future.

I would like to take this opportunity to express my gratitude to a passionate, enthusiastic and hard working team for all they continue to achieve.



Louise Johnson
Active Schools Manager

Participation and Return to Sport

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School Sport Competition

After a year with no organised inter-school competition, the team were delighted to organise and deliver some of our popular events once again. The first half of 2022 saw the welcome return of football and netball leagues and tournaments, and a hockey festival for primary pupils. There were also competitions in football, netball and badminton for secondary pupils. Four winners of the badminton competition took part in the Scottish Schools competition in Edinburgh where Lois Tait and Ella Johnson took home a silver medal for the girls doubles.

The North Isles team won the local S3 Netball tournament and represented Shetland in the Scottish Schools competition. Anderson High also took part in the open section. Both teams won their first round competitions but were knocked out in the second round.



Primary Football League winners - Brae 1

Event	Pupils
Primary Football League	85
Primary Netball League	95
Primary Hockey Festival	166
Primary Football & Netball Day	202
Secondary Netball Tournament	40
Secondary Football Tournament	97
Secondary Badminton Competition	24



AHS Netball team at Scottish Schools



The four finalist teams in the Primary Netball League - Brae, Sound, Whalsay and Aith

Extra-curricular activities

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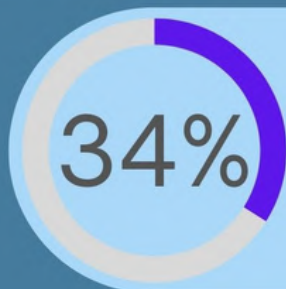
The Active schools team has worked hard to restart programmes, engaging 34% of Shetland school pupils in their activities (which is higher than the Scottish average of 31%). The gender balance of our activities was 50% boys and 50% girls which is an improvement on the national trend of only 46% of participants being girls. The figures below are taken from our annual Active Schools monitoring data and reflect participants in extra-curricular activities that are free, and have received current support from Active Schools. The team also undertake work in curriculum time which is not included.



Monitoring Data for the 2021 - 2022 Academic Year

Participants and Visits

1,126 participants made 20,526 visits to Active Schools sessions averaging 18.2 visits per participant.



Percentage of School Roll

Active Schools engaged with 34% of the school roll across the whole of Shetland.

Deliverers

Within 108 deliverers 97% were volunteers!



Sessions Provided

Active Schools provided 1,034 sessions including a wide range of sports and leadership opportunities.

Extra-curricular activities continued...

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The team have delivered a varied extra-curricular programme across the isles, with football and netball being the most popular extra-curricular activities delivered by Active Schools. This is in part due to many schools undertaking some training prior to and during the Primary Football and Netball Leagues.

The other extra-curricular activities delivered last year are:

Orienteering **Multi Sports Club**
Climbing **Cricket**
Volleyball **Fencing** **Rugby**
Cycling **Hockey** **Badminton**
Squash **Basketball** **Rowing**
Table Tennis **Trampolining**
Dodgeball **Archery**



Bikeability

The Active Schools team delivered Bikeability Levels 1 and 2 in schools across Shetland. Level 1 takes place in contained spaces, usually playgrounds or multicourts, and covers a range of basic cycling skills including pedalling, stopping, slow speed control and changing gear. Level 2 is offered to all P6 pupils across Shetland and focuses on cycling safely on roads and using correct signals etc.

431 Pupils completed Level 1
268 Pupils completed Level 2
19 Schools



Fit For Girls

The Fit for Girls Programme returned to Sandwick Junior High School this year after a 2-year hiatus. With a national decline in girls participating in sport as they progress through secondary school, Fit for Girls aims to increase girls' engagement and enjoyment in physical activity and sport and to build positive relationships between the girls themselves. The group selected various sports they would like to try including: Dodgeball, Volleyball, Trampolining, Archery, Clay Target Shooting, Coasteering, Boccia and Fencing. The after school club was well attended, with camaraderie growing throughout the sessions.

15 girls from S1/2 **8 sports** **5 volunteer coaches**



Summer Programme

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The Sport & Leisure team delivered a varied programme of free activities for children over the summer. This year saw increased partnership working which was very successful. Our ever popular 'Picnic & Play in the Park' went on a roadshow to Sandwick, Brae, Aith, Yell, Unst and Whalsay, and included new additions such as the bike obstacle course, mobile library van with pop-up story corner and the Play Van. Shetland Recreational Trust offered free activity sessions, and RSPB attended Yell to deliver Rubbish Growing and Nature Watch Station. Ability Shetland delivered a goalball session in Brae.



Summer Activity	Numbers attending
Picnic & Play sessions	1550 (estimated)
Dance Camps	36
Basketball Camp	15
Gymnastics Tasters	46
Outdoor Adventure Days	102
Family Bike Skills	25
Summer Cycle	500 (estimated)
TOTAL	2274



As well as Picnic & Play sessions, the team offered Outdoor Adventure Days, two Dance Camps, a Basketball Camp, Gymnastics Tasters and Family Bike Skills sessions, all of which were extremely popular.



Lerwick Summer Cycle

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The Sport & Leisure team organised another Summer Cycle and attracted a record number of participants, with approximately 500 taking part. The event takes place in the heart of Lerwick on closed roads, and is open to all ages and abilities. Ability Shetland supported the event by organising a range of adapted bikes to be available for those with poor mobility/balance to take part, as well as support staff.



Our popular Bike Skills Obstacle Course was set up in the King George V Play Park and proved to be very busy! Relay for Life Shetland organisers were also kept busy with the pop-up café they ran in the Flower Park which raised almost £1000 for Cancer Research UK. Free putting and tennis were also available in the Flower Park, and there was soft play in the Play Park to keep our youngest participants occupied.



Targeted Work and Changing Lives Through Sport 10

Targeted Pupils at Aith and Brae



12 pupils from S1-3 at Aith Junior High School were identified by PE staff as non-participants in activity. They took part in a six week block of activities at lunchtime and chose to try basketball, boccia, bowling and badminton. They reported that they enjoyed the non-competitive element of the sessions and socialising with friends.

In Brae, 3 pupils who weren't accessing the full time classroom curriculum were identified as needing 1-2-1 support with Cycling. Work was

undertaken with the ASN department to deliver sessions to these pupils over a number of weeks, one of whom was able to achieve level 1 and 2 Bikeability awards. Another pupil who has struggled to access the curriculum has been supported to use Physical Activity to help their engagement with academic work. Once again, this has been done on a 1-2-1 basis with excellent results.

Care Experienced Fun Days

The care-experienced Fun Day started life as the finale of the first 'Festival of Care'. Its popularity and success has led to the Fun Day becoming a stand-alone event in its own right which occurs four times a year. After a two year gap due to covid, a Fun Day was organised in March 2022 and again in June. Over 70 people aged between 7 days and 25 years old attended, and the activities on offer were bouncy castle, soft play, badminton, table tennis, swimming, climbing wall and drumming. Kit For All donated sportswear was also available for the first time as a pop-up event at the June Fun Day, and proved very popular with those present. The event was attended by adoptive families, foster families, kinship carers, young people from Residential and Continuing Care and staff.



Outer Isles Pupils

Active Schools supported a residential event for 7 pupils from the three remote isles schools - Fair Isle, Foula and Fetlar. They organised bocchia, fencing, archery and ball skills games which were much appreciated by the pupils who rarely have the chance to take part in activities in larger groups. Active Schools also visited Foula to deliver Bikeability Level 1 sessions and were also treated to a guided walk by the pupils.



Swim Skills



Active Schools offers extra swimming lessons to P6/7 pupils throughout Shetland to help them achieve their 'Triple S' (Scotland's Safe Swimmer standard) and develop water confidence before leaving primary school. Sessions are either for small groups of up to 6 pupils or on a one-to-one basis if needed.

34 Pupils received lessons

30 Pupils passed their 'SSS'

Kit For All - Shetland Sportswear Recycling Scheme

This project was set up to address the lack of appropriate sportswear as a barrier to taking part in sport and physical activity. Preloved or new items of clothing are donated, then recycled to individuals or families in need. Donation points are across Shetland at all leisure centres and swimming pools. We have been able to provide donations last year to: 8 adults; 35 families; 4 schools. We have also supported children to attend Active Schools activities. We are proud that our sportswear recycling idea has been a huge success, and has been rebranded by sportscotland as 'Kit For All' and promoted nationally.



The 'FAST' programme (Fitness, Attitude, Skills and Teamwork) uses Cashback for Communities funding to deliver sessions for young people who are identified via various local agencies. It is an example of strong partnership working with colleagues from Bridges Project and Antisocial Behaviour Team who come together to offer activities and support through an ongoing weekly programme. We have been delighted with their regular attendance and have seen first-hand how they are developing their social skills and confidence. Young people opted for an Out 'n' About Summer theme and helped design the activities undertaken and the variety of locations. They chose to visit places in Shetland that the majority had never been to before. Activities included trampolining, tennis, climbing wall, table tennis, badminton, archery, crazy golf and local walks. The group visited different Youth Centres at Scalloway and Brae as well as Michaelswood and the Outpost in Burra.

"Wow, I can't believe I tried the trampoline! It was great fun!"

Participant aged 18

14

37

108.5

15-19

Young People supported Sessions

Hours of engagement

Age range

"I made it to the top of the climbing wall yaay!"

Participant aged 18



"I really liked the Scalloway Youth Centre and enjoyed the basketball in the games hall and chill out space in the lounge area"

Participant aged 16

All Ability Rugby

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Active Schools worked alongside Shetland Rugby Club and Ability Shetland to deliver All Ability Rugby sessions. These sessions are open to anyone from primary to secondary school. They are aimed at engaging children who may struggle to attend mainstream rugby sessions for any reason. The sessions are fun and tailored to support everyone to engage. The feedback from the families has been really positive and participant numbers have steadily increased throughout the year to reach around 16 children. The organisers have witnessed an incredible amount of growth and development, whether its co-ordination, confidence in communication or soft skills such as regulating emotions when winning or losing, taking turns and sharing.



"Congratulations on this program. I have not seen my boy so happy as he has been in these last few weeks. All he can talk about is what they did at training! Such a positive influence in his life."

Thank you! "

Parent

Ability Shetland support

Sport & Leisure staff have supported the work of Ability Shetland's Sport Development Coordinator, Charis Scott, who has been in post during the last year. Charis has undertaken an inordinate amount of work to establish activities for adults and young people with disabilities, while also creating training opportunities for local clubs and volunteers to upskill and become more inclusive. Our team have supported the following activities and events:

- **Parasport Festival**
- **All Ability Football**
- **All Ability Rugby**
- **Para-Badminton Festival**
- **Outdoor Adventure Days**
- **Young Start programme**
- **Various training days**
- **Promoting events**



Supporting the Inactive to Become Active

This working group created a survey to gather feedback on local activity levels and habits, and the barriers that people face when it comes to keeping active. Using the survey results to guide them, the group created a report and detailed some action points for 2022-23. The group have agreed to:

- deliver workplace and school campaigns to promote healthy lifestyles
- Create family-orientated and fun-focused activities for all in rural areas
- Develop and expand walking group opportunities for all in Shetland.
- Engage with groups and support agencies to better understand barriers to being active, and gain their input to future projects and ideas
- Promote new and existing opportunities for all to be active

Poverty and Inclusion in Sport



The group has met regularly and used the platform for partners to update on how they are working to tackle poverty and inclusion, and how the group can support each other. This has led to some excellent joined-up working. Community Sports Hubs [CSH] have been discussed and we have been able to use CSHs to share information and good practice and gather feedback. The feedback from CSH meetings has been valuable and helped the group understand how the current cost of living crisis is having an impact on the community.

Keeping Active Outdoors

The focus of this group is to encourage people to become more active in the outdoors, the importance of which has been better recognised over the period of the pandemic. Therefore, this year the group has sought to draw together information on all of the local opportunities to participate in outdoor activities with the plan to promote these opportunities more widely to all in Shetland.



Leadership and Young People

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Skills for Work



S3 pupils in Shetland have the opportunity to opt in to Skills for Work programme which is administered by SIC Schools Service and UHI Shetland (University of the Highlands and Islands). There are a range of courses and work experience options available including a Level 5 Sports Leaders UK qualification which is led by Active Schools.

6 pupils completed Level 5
10 pupils completed Level 4

"Through taking part in Sports Leadership, I have gained new information and techniques in presenting fun and active games to younger people. The course has given me more skills which will help me later in my career. I have completed the Level 4 and have started the Level 5 Qualification which, so far, I have really enjoyed." Student, aged 14

Sports Leaders UK Level 4

Active Schools also delivered a Level 4 Sports Leaders UK course for S2 pupils at Brae High School who took part voluntarily at lunchtimes. Next year will see an expansion in delivery across more schools and more levels of the qualification.





Leadership Academy provides an opportunity for pupils to learn and practice their leadership skills within their school environment. Pupils from Sandwick and Aith Junior High Schools participated in the classroom-based programme this year. During six weekly sessions they engaged in a number of activities that developed their communication, problem solving, creativity, organisational and teamwork skills.

2 Schools
49 Pupils

Young Leaders

Active Schools Coordinators deliver a six week 'Young Leaders' course to pupils in P6 throughout Shetland. The course helps to enhance leadership skills so that the participants can feel confident to deliver games in the playground for younger pupils.



294 Pupils

Leaders in Primary



Six pupils from Anderson High School took part in the Leaders in Primary programme which gave them the opportunity to gain work experience in a local primary school. The S6 pupils attended weekly as classroom assistants in order to build confidence and enhance their skills before moving into further education or work.

Community Sports Hubs

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We have 8 successful Community Sports Hubs in Shetland, each led by a member of Sport and Leisure staff. CSHs bring together key local partners, clubs and volunteers with the aim of increasing opportunities and inclusion in their local area. Local CSHs have invited guest speakers to meetings including Highlands & Islands University which has led to some partnership work to encourage students to volunteer in sport while studying in Shetland.

Lerwick & Shetland-wide CSH



This year some new clubs have joined - Men's Hockey, the Football Association, Table Tennis Association, Rugby Club and Ability Shetland. The hub has discussed Poverty and Inclusion and potential ways to make clubs more accessible as some clubs report that some members do not attend due to various costs associated. The CSH supported Shetland Men's Hockey to offer some Come and Try sessions which were a great success. Numbers are growing weekly and the team now competes off-island. Clubs were also supported to access sports specific training and equipment including adapted equipment to make outdoor bowls more accessible.

North Mainland CSH

Clubs attending the North Mainland CSH include Delting Football Club, Delting Dolphins, Delting Hockey Club, Delting Badminton Club, Delting Boating Club, Shetland Fencing Club (Brae Satellite) and Delting Netball Club. Most engagement has taken place online this year with excellent representation in meetings. Clubs were supported back into full delivery through the CSH with many reporting that participant numbers had grown since their re-establishment after covid.



South Mainland

The South Mainland CSH was well attended and gained a new addition in Viking Weightlifting Gym who are focusing on renovating the gym to make it more inclusive. The Hub helped them purchase matting and a new bench and rack to meet the demands of their growing memberships. The Hub also supported two junior swimming coaches to attend the SASA North Young Leadership Residential in Abernethy.



West Mainland



This year at West CSH, meetings were focused on returning to sport after covid, and how to support club coaches and volunteers. It was clear that the main needs were supporting more club volunteers to gain useful qualifications, and for clubs to identify ways to make their sport more cost-effective for participants. With this in mind the hub

supported clubs by funding a lead climbing course, a boat safety course and the purchase of new equipment for badminton and sailing. All of these investments will increase club capacities and upskill their volunteers.

Central

This past year has seen again many struggles for clubs with ongoing covid-related cancellations. The Central CSH has continued to meet and cover a range of agenda points including poverty and inclusion and child protection. Burra Hockey has joined the Hub and received CSH support to offer junior activity in Hamnavoe Primary School for P4-7 with the hopes to expand to P3. Scalloway Youth Centre was supported with activity ideas training and Disability Inclusion Training as well as funding Table Tennis sessions which were well attended. The Trondra Yoal Rowing Club also received funding to purchase equipment to allow the club to expand.



Yell

During Women and Girls in Sport Week, the Yell CSH supported the Netball Club to offer a Walking Netball taster session. This led to the Club providing popular regular sessions over winter. Following this success, the Yell Football Club adopted the idea and used CSH support to offer Walking Football. It has been a huge success with 30 players, and participants also setting up a WhatsApp group to promote the sessions, encourage attendance and organise car shares.



Unst



With no trained member of staff at Unst Leisure Centre to provide trampolining, the Unst CSH was able to fund a qualified member of staff from Yell Leisure Centre to travel to Unst and provide a short block of taster sessions for Baltasound pupils. The sessions were fully booked highlighting the interest in this activity and the potential to engage with a high number of children of all ages.

29 Pupils
P4-S4 Age Range

Whalsay

Whalsay CSH has had another busy year with a continued focus on returning to sport and physical activity coming out of Covid and discussions around topics such as poverty and inclusion. The hub has supported football, netball, golf and the riding club with equipment to enable club expansion and development. The hub also supported the delivery of a Child Wellbeing and Protection in Sport Course which enabled 12 Coaches to update their lapsed certificates on island.

The junior section post-covid has seen a large increase in numbers of children and young people [aged 3-15] taking part in golf and going on to get memberships. We are thankful for the support from Whalsay Community Sports Hub." Junior Coach



Sports Development

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Club Support

One of the main priorities of sports development is to support clubs, coaches and volunteers to develop. Over the past year we have worked with clubs to set up courses that we offer regularly – Sports Specific First Aid and Child Wellbeing and Protection in Sport. Now face to face training is happening again, the plan in 2023 is to offer a wider variety of courses on island.



Sport Specific Courses



We have been able to support some sports with funding, facilities and running of courses. We recently worked alongside the Scottish Surfing Federation who were running their championships in Shetland for the first time to set up an island surfing instructor course for 6 locals to allow them to offer opportunities in Shetland. The Lerwick Boating Club received support for a water-based first aid course and the Shetland Junior Netball group received funding to support volunteers go through their level 1 coaching course. The Scottish Football Association ran a 1.1 Intro to Coaching course in April and a 1.2 Youth & Adult Coaching Certificate in Unst.

Workforce Development opportunities have reached:

123 Individuals
25 Sports

Protection in the Community Group

This sub group to the Shetland Public Protection committee includes a number of different partners from the voluntary sector. The group meets quarterly and has a business plan. Our Sports Development Officer has taken on the role of Chair and has really enjoyed working alongside colleagues in Adult and Child protection. Sport has been a regular discussion point and the group has undertaken some interesting work including going through the Scottish Football report in to sexual abuse in sport, to see what learning could be shared with clubs and Community Sports Hubs. They are currently forming a group to bring together Protection Officers and be a sounding board for any questions they may have.

SaferShetland.com

Safeguarding Children, Young People and Adults in Shetland

Performance Development Programme

This Performance Development Programme [PDP] is running really well with nine athletes across three sports - swimming, triathlon and netball - accessing weekly strength and conditioning sessions. We are in the process of working with colleagues at the Scottish Institute of Sport to train up four new coaches to help deliver PDP sessions. This will give us scope to look at offering places to more sports/athletes. The next step is to put together a programme of education together for the athletes. We are keen to offer performance lifestyle workshops as well as workshops helping athletes transitioning off island to stay in sport.



Athlete Travel Award Scheme

The 2021/22 ATAS had two rounds of funding for the first time to make the scheme more accessible to more sports and athletes. Round 2 of the 21/22 scheme ran from September 2021 to March 2022 and we were fortunate to be able to offer funding to more than the usual eight athletes due to the scheme not being run in the previous year. Financial support was given to 7 swimmers, 1 para-marathon runner, 1 para swimmer, 1 para badminton player, 1 footballer, 1 triathlete and 1 runner. Round one of the current financial year ran from April to September 2022 and 8 athletes were successful. They perform in swimming, football, triathlon and athletics. All athletes have achieved great success and we thank them for their commitment to the scheme and to their sport.

George Robesten signed a two year professional contract with Ross County FC during Round 1 of the scheme.



Para Badminton athlete Ewan Bisset took part in the Perth & Kinross Disability Sport Badminton Championships where he played against Scotland national player Colin Leslie



Triathlete Layla Todd has been a member of Triathlon Scotland's Academy Programme this year

Raising Awareness

Annual Report



Our Annual Reports highlight the work undertaken by the SIC Sport & Leisure team. The first Report in 2015 was created to help monitor legacy outcomes of the Commonwealth Games in 2014. The Council's Education and Families Committee agreed that an annual report for Shetland should be presented to the Education and Families Committee during the monitoring period of 5 years. Although this period has passed, the Committee agreed that there was merit in the report continuing to be presented on the range and quality of services being delivered. Our report is also available and promoted to the public online.

Social Media

Sport and Leisure increased their online presence during the pandemic, and has continued to work hard to maintain engagement. We have participated in national initiatives run through sportscotland including 'Active Every Day', 'Sport Hour' and 'Women and Girls in Sport Week' as well as promoting our own programmes and activities and those of local partners.



Outdoor Education

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Our Philosophy

"To offer young people and adults opportunities for personal challenge in the outdoors and an intimate appreciation of the wild landscape of Shetland"

Outdoor Education Officer, Pete Richardson, works alongside qualified and experienced outdoor education workers to provide a range of outdoor adventurous activities for school pupils, youth and community groups, and the general public. The aim is to connect people to the wild natural landscape and nature of Shetland, to one another and to themselves. At the end of any experience it is hoped that individuals will have a deeper appreciation of their surroundings and of their own ability, through participating in a range of activities, including rock scrambling, hill walking, coasteering, woodland activities and canoeing. Pete and his team deliver the John Muir Award Scheme "explore days" to pupils, which is a nation-wide environmental award focused on wild places, and connecting with, enjoying and caring for the natural environment. It does this through a structured scheme where participants aim to meet four Challenges – Discover, Explore, Conserve and Share. They also support the expedition section of the Duke of Edinburgh Awards, both training and assessing candidates in the necessary skills to undertake overnight camping expeditions.



1216 Outdoor Participant Sessions

Magnus Malcolmson and his team of staff have responsibility for the management of a wide range of leisure facilities, which include play areas, multi-courts, games halls, grass sports pitches, a bowling green, flower park and a 9-hole golf course.

Play Areas and Multi Courts

84 Play areas and 15 multi-courts are located within communities the length of Shetland from Fair Isle to Haroldswick in Unst. These facilities are regularly inspected and maintained to a high standard and are available for use by all ages and abilities. Scottish Government (Play Park Renewal Programme) funding was provided to install 3 new items of inclusive play equipment at Happyhansel. This programme will continue until 2026, with other future projects proposed across the Isles.



Games Halls



4 Games Halls managed by the service (Gilbertson Park, Sandwick, Scalloway and Brae) are utilised for a range of various sporting and community activities. With the exception of the Gilbertson Park Games Hall, which is currently an NHS Vaccination Centre, all other facilities are now fully operational and being extensively used once again by the local community.

Games Hall User figures

3616 Sandwick

4253 Scalloway

3588 Brae

Parks and Pitches

A small team of dedicated grounds staff and gardeners manage and maintain grass sports pitches and gardens within Lerwick. These sports pitches are widely used during the summer months for various sports, and support junior and senior league competitions and training. Facilities, which are all maintained to a high standard, include five pitches at Clickimin, Gilbertson Park and Seafield pitches, and the Jubilee Flower Park. Staff also undertake specialist maintenance works on all rural football pitches.



16609 Sports pitch user figure

Knab Golf Course



Leisure Facilities staff also maintain this well used 9-hole golf course at the Knab in Lerwick. The course is free to use with basic facilities ideal for juniors and beginners. The area is also very popular with walkers and dog owners.

Challenges & Moving Forward 27

Our team has always faced challenges, and these have increased with the pandemic. The Sport & Leisure team strive to be creative and forward thinking in order to address the difficulties we face. Here are some examples:

Our Challenges

Our Solutions

Recruiting and Retaining Volunteers

- Education & training for volunteers/coaches
- Work with clubs & schools to identify support
- Volunteer Management training for our staff
- Utilise Young Ambassadors in schools

Affordability of sport for the public

- Work with Poverty & Inclusion group to develop ideas to support those in need
- Generate discussion through Community Sports Hubs and encourage clubs to allow free places for families on low incomes
- Develop projects that promote inclusivity
- Offer Active Schools activities free of charge

Increased costs - venue hire and transport for inter-school and off-island competitions

- Utilise Council venues and outdoors where possible and change activities to suit the space
- Review school competition plans with an aim of reducing transport requirements

Engaging with inactive young people and targeted groups

- Consult with pupils to find out what they want
- Encourage schools to deliver The Daily Mile
- Offer social activities to initially engage young people, then introduce physical activities

Short school lunch and pupils leaving by bus reduces opportunities

- Offer lunch activities with quick set up time
- Work with clubs/SRT to offer extra-curricular activities in remote locations
- Expand after school and weekend activities

Aging play areas/multi-courts & reduced budgets

- Review of play areas to rationalise numbers
- Continue Play Park Renewal Programme
- Seek capital funding for multicourt repairs

Increased demand for outdoor sports & increased rain rendering grass pitches unusable

- Hold discussions with local clubs, associations and national partners about their aspirations for a future synthetic turf pitch in Lerwick

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